




## JANUARY

[mySchoolBucks.com](http://mySchoolBucks.com)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2) <b>Holiday Recess</b></p> <p><b>No School</b></p>	<p>3) Corn Dog on a Stick Cajun French Fries Healthy Garden Salad Bush's Baked Beans Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>4) Seasoned Grilled Chicken Herbed stuffing with Gravy Sweet glazed carrots Campbell's Bean with Bacon soup Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>5) Spicy or Plain Chicken Patty Served on a Wheat Bun Topped w/ lettuce &amp; tomato California style mixed veggies Fresh Garden Salad Low fat or fat free milk</p>	<p>6) Murphy's Homemade Pizza Served on a whole grain crust Seasoned green beans Savory corn niblets w/ red peppers Fresh fruit / light fruit cup Low fat or fat free milk</p>
<p>9) Hot Meatball Marinara Sub Served in a warmed roll Steamed broccoli florets Zesty three bean salad Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>10) Buffalo Cheese Crunchers Served w/ carrot &amp; celery sticks Seasoned green beans New England Clam Chowder Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>11) Seasoned Chicken Fajitas w/ onions, peppers &amp; cheese Served on a tortilla wrap Spicy Mexican rice Homemade chicken tortilla soup Low fat or fat free milk</p>	<p>12) Cheeseburger or Hamburger Served on a wheat bun Fresh garden salad Warm cinnamon applesauce Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>13) Penne Pasta Bar Choice of marinara, or alfredo Served w/ garlic breadstick Italian style mixed vegetables Fresh fruit / light fruit cup Low fat or fat free milk</p>
<p>16) <b>Martin Luther King Jr. Day</b></p> <p><b>No School</b></p> 	<p>17) Breaded Mozzarella Sticks Served w/ warmed marinara Bodacious broccoli salad Zesty corn kernels Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>18) Taco Salad Served w/ Tostito's tortilla Chips Lettuce, tomato, cheddar &amp; salsa Cheesy refried beans Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>19) Turkey BLT wrap Crispy Sweet potato fries Oven roasted cauliflower Savory Vegetable Soup Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>20) Garlic Pizza Dunkers Served w/ warmed marinara sauce Sweet peas w/ carrots Diced beet salad over romaine Fresh fruit / light fruit cup Low fat or fat free milk</p>
<p>23) Tyson Chicken Nuggets Served w/ herbed rice pilaf Seasoned Mixed vegetables Warmed cinnamon peaches Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>24) <b>REGENTS</b></p> <p><b>COOKS CHOICE</b></p>	<p>25) <b>REGENTS</b></p> <p><b>COOKS CHOICE</b></p>	<p>26) <b>REGENTS</b></p> <p><b>COOKS CHOICE</b></p>	<p>27) <b>REGENTS</b></p> <p><b>COOKS CHOICE</b></p>
<p>30) Pizza Crunchers Campbell's Creamy tomato soup Sliced pickle chips Marinated chick pea salad Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>31) Baked Ziti w/ Meat Sauce Served w/ garlic breadstick Savory carrot coins Marinated tomato &amp; mozzarella salad Fresh fruit / light fruit cup Low fat or fat free milk</p>	<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p><b>EVERYONE CAN HAVE BREAKFAST</b></p> <p>French Toast Sticks w. Syrup Assorted Egg &amp; cheese Sandwiches English Muffins / Bagels Milk/Fruit/Juice</p> </div>		

**DAILY ALTERNATIVE ENTREE CHOICES**

- \* **Made-to-order wraps**
- \* **Fresh made salad with choice of topping, roll & Dressing**
- \* **Fresh made subs & wraps to "grab & go"**

**Breakfast price \$2.25 daily**

**Lunch price \$3.25 daily**

**Reduced price meals:**

Lunch \$.25 daily - Breakfast \$.25 daily

*A la carte milk \$.60*  
*A la carte fruit or veggies \$.80*

# HAPPY NEW YEAR

Menu subject to change

All meals meet the Whole Grain requirements  
This institution is an equal opportunity Provider & Employer