


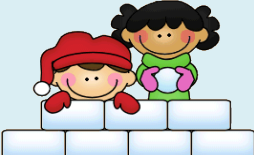




mySchoolBucks.com

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|---|
| A | 2) No School Holiday Recess  | 3) Crispy Mozzarella Sticks Served with warm marinara sauce Crunchy tossed salad w/dressing Warm cinnamon apple sauce Fresh fruit / light fruit cup Low fat or fat free milk | 4) Tyson Chicken Patty Served On Warm Wheat Bun Steamed mixed vegetables Sweet Potato Fries Fresh fruit / light fruit cup Low fat or fat free milk | 5) Tyson Chicken Nuggets Vegetable Rice Pilaf Seasoned sweet peas Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk | 6) Tony's French Bread Pizza Tangy Three Bean salad Homemade Vegetable Soup Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk |
| B | 9) Land O Lakes Mac n Cheese Cowboy baked beans Enjoyable Steamed Broccoli Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk | 10) Fun Fish Shapes Ruffle Potato Chips & Pickle Campbell's creamy tomato soup Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk | 11) Marinated Meatball Sub Served on warm wheat roll Tossed garden salad Glazed Carrot Coins Fresh fruit / light fruit cup Low fat or fat free milk | 12) Tyson Popcorn Chicken Bowl Mashed Potatoes & Gravy Sweet Corn Nibbles Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk | 13) Tony's Personal Pan Pizza Steamed Italian Mixed Veggies Homemade Chicken Veggie Soup Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk |
| A | Martin Luther King, Jr. Day No School  | 17) Breakfast for Lunch French Toast Sticks (3) Sausage Link (2) Crispy tater tots Fresh fruit / light fruit cup Low fat or fat free milk | 18) Hamburger / Cheeseburger Served on Warm Wheat Roll Silly Smiley Fries Fresh Cauliflower & Broccoli Cup Fresh fruit / light fruit cup Low fat or fat free milk | 19) Tyson Chicken Nuggets Sweet Corn Nibbles Creamy pasta alfredo Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk | 20) Pizza Crunchers Creamy Tomato Soup Chickpea Salad Little dilly pickle / veggie bag Fresh fruit / light fruit cup Low fat or fat free milk |
| B | 23) Corn Dog on a stick Sweet potato fries Bush's Baked Beans Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk | 24) Taco Tuesday Lettuce, tomato, cheddar, salsa Served over warm nacho chips Refried Beans w/ cheddar cheese Fresh fruit / light fruit cup Low fat or fat free milk | 25) Lasagna Roll Ups Warm marinara & a Bread Stick Steamed Broccoli Fresh Garden Salad Fresh fruit / light fruit cup Low fat or fat free milk | 26) Tyson Chicken Nuggets Seasoned Herb Rice Seasoned Vegetable Medley Fresh Broccoli Cup/ ranch Fresh fruit / light fruit cup Low fat or fat free milk | 27) Stuffed Crust Pizza Steamed Carrot Coins Homemade Vegetable Soup Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk |
| A | 30) Cheesy pizza crunchers Filled with cheese & sauce Sweet Seasoned Corn Garden Fresh Salad Fresh fruit / light fruit cup Low fat or fat free milk | 31) Seasoned Grilled Chicken Warm Garlic Breadstick Green Bean Medley Salad Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk |  | |  |

Breakfast price \$1.75 daily
Lunch price \$3.00 daily
Reduced price meals: Lunch \$.25 daily
Breakfast \$.25 daily

A la carte milk \$.60
A la carte fruit or veggies \$.80

SNACK PRICES
 (CHOICES MAY VARY AT
 INDIVIDUAL SCHOOLS)
 Assorted Yogurt **\$.75**
 Cookie **\$.60**
 Ice Cream **\$.85**
 Juice Cup **\$.60**

EVERYONE CAN BUY BREAKFAST

Breakfast Kiosk \$1.75
 Cereal bars OR Nutrigrain bars OR
 Whole grain Pop Tarts
 Yogurt \ Fresh fruit
 1% OR fat free milk
 100% fruit juice
 Students may choose 1 grain, fresh fruit, juice & milk

DAILY ALTERNATIVE LUNCH
Fresh salad with choice of topping, roll & dressing
OR
Monday---Tuna salad sandwich
Tuesday---Turkey w/lettuce sandwich
Wednesday---Bologna & cheese sandwich
Thursday---PB&J uncrustable
Friday---Ham & cheese sandwich
Including vegetable, fruit & milk