







	Monday	Tuesday	Wednesday	Thursday	Friday
A			1) Seasoned grilled chicken Warm garlic bread stick Tossed Garden salad w/dressing Sweet corn nibbles Fresh fruit / light fruit cup Low fat or fat free milk	2) Tyson chicken nuggets Vegetable rice pilaf Tender sweet peas Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	3) Fun fish shapes Land O Lakes mac n cheese California mixed vegetables Housemade vegetable soup Fresh fruit / light fruit cup Low fat or fat free milk
B	6) Hot dog on whole grain roll BBQ baked beans Fresh broccoli cups w/ dressing Sweet carrot coins Fresh fruit / light fruit cup Low fat or fat free milk	7) Cheesy mozzarella sticks Served with warm marinara Seasoned corn nibbles Crispy romaine salad Fresh fruit / light fruit cup Low fat or fat free milk	8) Hamburger or cheeseburger Served on wheat roll  Golden smile fries Tangy green bean salad Fresh fruit / light fruit cup Low fat or fat free milk	9) Tyson chicken nuggets Penne pasta w/ marinara sauce Steamed mixed vegetables Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	10) Tony's personal pan pizza Steamed broccoli Marinated three bean salad Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk
A	13) Crispy pizza crunchers Filled w/ marinara sauce & cheese Italian mixed vegetable medley Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	14) Breakfast for Lunch!! French toast sticks (3) Savory sausage links (2) Sweet potato nuggets Fresh fruit / light fruit cup Low fat or fat free milk	15) Favorite chicken nuggets Tasty mashed potatoes w/gravy Steamed broccoli & cauliflower Fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	16) <b>K-5 Half Day</b> 	17) Baked fish fillet on warm roll Corn & black bean salad Campbell's tomato soup Surprise pudding cup Fresh fruit / light fruit cup Low fat or fat free milk
B	20) Garlic pizza dunkers Served w/ warm marinara sauce Seasoned sweet peas Crispy garden salad Fresh fruit / light fruit cup Low fat or fat free milk	21) Taco Tuesday! Lettuce, tomato, cheddar, salsa Served over warm corn chips Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk	22) Golden stuffed crust pizza Campbell's minestrone soup Marinated chick pea salad Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	23) Tyson popcorn chicken Seasoned rice pilaf Celery sticks w/ranch dressing Sunny carrot coins Fresh fruit / light fruit cup Low fat or fat free milk	24) <b>K-12 No School Professional Development</b>
A	27) Golden chicken patty Warm bun w lettuce & tomato Oven baked beans Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	28) Toasted grilled cheese Campbell's creamy tomato soup California mixed vegetables Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	29) Baked cheese ravioli Served w/meatballs & bread stick Steamed broccoli Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	30) Tyson Chicken nuggets Yummy whole grain herb rice Sweet corn nibbles Broccoli & cauliflower cups Fresh fruit / light fruit cup Low fat or fat free milk	31) French bread pizza Homemade vegetable rice soup Romaine beet salad w/dressing Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk

**EVERYONE CAN BUY BREAKFAST**

Mon. - milk/fruit/juice/cereal  
Tues. - milk/fruit/juice/bagel  
Wed. - milk/fruit/juice/French toast  
Thurs-milk/fruit/juice/Bacon scrambled pizza  
Fri. - milk/fruit/juice/pancake

Breakfast price **\$1.75** dailyLunch price **\$3.00** daily

Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

**A la carte milk \$.60**  
**A la carte fruit or veggies \$.80**



menu subject to change

**SNACK PRICES**

(CHOICES MAY VARY AT  
INDIVIDUAL SCHOOLS)  
Assorted Yogurt **\$.75**

Cookie **\$.60**  
Ice Cream **\$.85**  
Juice Cup **\$.60**

**DAILY ALTERNATIVE LUNCH**

Fresh salad with choice of topping, roll & dressing

**OR**

Monday---Tuna salad sandwich  
Tuesday---Turkey w/lettuce sandwich  
Wednesday----Bologna & cheese sandwich  
Thursday--PB&J uncrustable  
Friday----Ham & cheese sandwich  
Including vegetable, fruit & milk

All meals meet the Whole Grain requirements

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..