

Menu subject to change



East Greenbush Elementary Schools



Writing Checks for School Lunch is
Ancient History!
Easily Pay for School Meals At
myschoolbucks.com

Monday

Tuesday

Wednesday

Thursday

Friday



1)
K - 12
NO
SCHOOL

A	4) NO SCHOOL	5) Garlic Pizza Dunkers Served with warm marinara sauce Steamed mixed vegetables Healthy Veggie Bags Fresh fruit / light fruit cup Low fat or fat free milk	6) Fun fish shapes Land O Lakes mac & cheese Seasoned green beans Healthy Veggie Bags Fresh fruit / light fruit cup Low fat or fat free milk	7) Tyson chicken nuggets Rockin herb rice Sunny carrot coins Garden tossed Salad Fresh fruit / light fruit cup Low fat or fat free milk	8) Tony's Personal pizza Golden sweet corn Zesty chick pea salad Healthy Veggie Bags Fresh fruit / light fruit cup Low fat or fat free milk
B	11) Golden chicken patty Served on a warm bun w lettuce Oven baked beans Healthy veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	12) Crispy pizza crunchers Breaded crust w/sauce & mozzarella Seasoned green beans Garden fresh tossed salad Fresh fruit / light fruit cup Low fat or fat free milk	13) Hamburger or cheeseburger Served on warm whole grain bun Crispy smiley fries Zesty corn salad Fresh fruit / light fruit cup Low fat or fat free milk	14) Tyson Popcorn Chicken Garlic and oil penne pasta Seasoned peas Healthy Veggie Bags Fresh fruit / light fruit cup Low fat or fat free milk	15) Cheesy stuffed crust pizza Steamed Italian mixed vegetables Homemade vegetable soup Healthy Veggie Bags Fresh fruit / light fruit cup Low fat or fat free milk
A	18) Hot diggity dog Bush's baked beans Warm cinnamon applesauce Healthy Veggie Bags Fresh fruit / light fruit cup Low fat or fat free milk	19) Breakfast for lunch Day! French Toast Sticks (3) Savory sausage link (2) Crispy sweet potato fries Fresh fruit / light fruit cup Low fat or fat free milk	20) Tyson chicken nuggets Vegetable rice pilaf California mixed vegetables Healthy Veggie Bags Fresh fruit / light fruit cup Low fat or fat free milk	21) NO SCHOOL	22) Meatball sub Served on a whole grain roll Delicious peas & carrots Healthy Veggie Bags Fresh fruit / light fruit cup Low fat or fat free milk
B	25) Mickey Mouse grilled cheese Campbell's Tomato Soup Sweet corn niblets Healthy Veggie Bags Fresh fruit / light fruit cup Low fat or fat free milk	26) Seasoned grilled chicken breast Served on warm wheat roll Steamed vegetable medley Golden French fries Fresh fruit / light fruit cup Low fat or fat free milk	27) Taco Salad Lettuce, tomato, cheddar, salsa Served on a bed of corn chips Cheesy refried beans Fresh fruit / light fruit cup Low fat or fat free milk	28) Tyson chicken nuggets Spanish Rice Sunny carrot coins Tossed garden salad Fresh fruit / light fruit cup Low fat or fat free milk	29) Tony's French bread pizza Seasoned green beans Housemade vegetable soup Healthy Veggie Bag Fresh fruit / light fruit cup Low fat or fat free milk

****LUNCH PRICE ****
Breakfast price \$1.75 daily
Lunch price \$3.00 daily
Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

GRAB N GO BREAKFAST
All meals include:
Fresh fruit, 100% juice
Low fat or fat free milk
Mon.- Eggo mini pancakes
Tues.- Warm whole grain Bagel
Wed.- Soft Muffin/Blueberry or Apple cinn.
Thurs- Maple or Blueberry waffles
Fri.- Pillsbury bagels w/ cream cheese filling
Available daily: cereal bars pop tarts,
bowl of cereal, yogurt

DAILY ALTERNATIVE LUNCH
Fresh salad with choice of topping,
roll & dressing
OR
Monday--Tuna salad sandwich
Tuesday--Turkey w/lettuce sandwich
Wednesday--Bologna & cheese sandwich
Thursday--PB&J uncrustable
Friday--Ham & cheese sandwich

SNACK PRICES
(CHOICES MAY VARY AT
INDIVIDUAL SCHOOLS)
Assorted Yogurt \$.75
Cookie \$.60
Ice Cream \$.85
Juice Cup \$.60
Water \$.75



All meals meet the Whole Grain requirements

THIS INSTITUTION IS AN EQUAL OPPORTUNITY
PROVIDER & EMPLOYER..

Ala carte milk \$.60
Ala carte fruit or veggies \$.80