








	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
A	2) Golden mozzarella sticks Served with warm marinara sauce Italian style green beans Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	3) Crispy chicken patty Served on warm wheat roll Golden sweet potato fries Broccoli cups w/ranch dressing Fresh fruit / light fruit cup Low fat or fat free milk	4) Taco Day Lettuce, tomato, cheddar, salsa Served on a bed of corn chips Confetti corn Fresh fruit / light fruit cup Low fat or fat free milk	5) Tyson chicken nuggets Rockin herb rice Chick pea salad Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	6) Tony's French bread pizza House-made vegetable soup Steamed mix vegetables Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk
B	9)  COLUMBUS DAY NO SCHOOL	10) Garlic pizza dunkers Served with warm marinara Steamed broccoli and cauliflower Garden tossed salad w/dressing Fresh fruit / light fruit cup Low fat or fat free milk	11) Hot meatball sub Sweet corn nibbles Warm peaches w/cinnamon Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	12) Tyson popcorn chicken Vegetable rice pilaf Marinated three bean salad Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	13) Personal pan pizza Healthy whole grain crust Sunny carrots coins Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk
A	16) Fun fish sticks Land O'Lakes mac & cheese Tender sweet corn Tossed garden salad Fresh fruit / light fruit cup Low fat or fat free milk	17) Grilled chicken breast Served with warm garlic breadstick Steamed green beans Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	18) Hamburger or Cheeseburger Served on a warm wheat roll Crispy French Fries Yummy peas & carrots Fresh fruit / light fruit cup Low fat or fat free milk	19) Tyson chicken nuggets BBQ baked beans California mixed veggies Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	20)  K-12 NO SCHOOL PROFESSIONAL DEVELOPMENT
B	23) Crispy pizza crunchers Breaded crust w/sauce & mozzarella Sweet glazed carrots Warm applesauce w/cinnamon Fresh fruit / light fruit cup Low fat or fat free milk	24) Breakfast for lunch Day! French Toast Sticks (3) Savory sausage link (2) Crispy sweet potato fries Fresh fruit / light fruit cup Low fat or fat free milk	25) Golden baked fish fillet Served on a warm wheat roll Steamed sweet peas Cowboy baked beans Fresh fruit / light fruit cup Low fat or fat free milk	26) Creepy popcorn chicken Ghostly mashed potatoes w/gravy Terrifying sweet corn Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	27) Wacky stuffed crust pizza Mixed vegetables Garden fresh salad Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk
A	30) Hot diggity dog Spooky baked beans Angry dill pickles & potato chips Fresh assorted veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	31) Mickey Mouse toasted cheese Scary tomato soup Spooky peas  Vanilla pudding cups Fresh fruit / light fruit cup Low fat or fat free milk	<p>Breakfast price \$1.75 daily Lunch price \$3.00 daily</p> <p>Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily</p>		<p><u>DAILY ALTERNATIVE LUNCH</u> Fresh salad with choice of topping, roll & dressing OR Monday---Tuna salad sandwich Tuesday---Turkey w/lettuce sandwich Wednesday---Bologna & cheese sandwich Thursday---PB&J uncrustable Friday---Ham & cheese sandwich Including vegetable, fruit & milk</p>  

GRAB N GO BREAKFAST
All meals include:
Fresh fruit, 100% juice
Low fat or fat free milk

Mon.- Eggo mini pancakes (maple or blueberry)
Tues.- Warm whole grain bagel
Wed.- Soft muffin (blueberry or apple cinn.)
Thurs- Waffles (maple or blueberry)
Fri.- Pillsbury bagels w cream cheese filling

Available daily: cereal bars, poptarts, cereal, yogurt

SNACK PRICES
(CHOICES MAY VARY AT INDIVIDUAL SCHOOLS)

Assorted Yogurt \$.75
Cookie \$.60
Ice Cream \$.85
Juice Cup \$.60
Water \$.75



A la carte milk \$.60 | A la carte fruit or veggies \$.80

Menu subject to change



All meals meet the Whole Grain requirements

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