

GRADE K-5
November
2017



EAST GREENBUSH ELEMENTARY SCHOOLS



Menu subject to change
Writing Checks for School Lunch is
Ancient History?
Easily Pay for School Meals At
myschoolbucks.com

	Monday	Tuesday	Wednesday	Thursday	Friday
A	<p>Happy Thanksgiving</p>		1) Baked mozzarella sticks Served with warm marinara sauce Garden salad w/dressing Seasoned sweet peas Fresh fruit / light fruit cup Low fat or fat free milk	2) Tyson chicken nuggets Brown rice w/gravy Seasoned corn Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	3) Tony's French bread pizza Cheese or pepperoni Homemade vegetable soup Sunny carrot coins Fresh fruit / light fruit cup Low fat or fat free milk
B	6) Chicken patty parm on a bun Served w/sauce & mozzarella cheese Italian mixed vegetables Bush's baked beans Fresh fruit / light fruit cup Low fat or fat free milk	7) Fun fish sticks Land O'Lakes mac & cheese Steamed broccoli Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	8) Hamburger or cheeseburger Served on a warm wheat roll Glazed carrots Golden baked tater tots Fresh fruit / light fruit cup Low fat or fat free milk	9) Tyson chicken nuggets Zesty corn & red peppers Romaine salad w/ marinated beets Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<p>VETERANS DAY</p> <p>NO SCHOOL</p>
A	13) Hot dog on a bun Bush's baked beans Crispy French fries Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	14) Cheesy garlic pizza dunkers Served with warm marinara sauce Sweet peas and carrots Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	15) Taco Salad Lettuce, tomato, cheddar, salsa Served on a bed of tortilla chips Creamy corn salad Fresh fruit / light fruit cup Low fat or fat free milk	<p>K-5 Half Day Parent Conferences</p>	17) Tony's Personal Pan Pizza Cheese or Pepperoni Tasty mixed vegetables Garden fresh salad w/dressing Fresh fruit / light fruit cup Low fat or fat free milk
B	20) Holiday grilled cheese Campbell's Tomato soup Little dilly pickles Steamed broccoli and cauliflower Fresh fruit / light fruit cup Low fat or fat free milk	21) Stuffed crust pizza Seasoned green beans Zesty chickpea salad Yummy vanilla pudding Fresh fruit / light fruit cup Low fat or fat free milk	<p>GIVE THANKS</p>		
THANKSGIVING RECESS - NO SCHOOL					
A	27) Corn Dog on a Stick BBQ baked beans Seasoned crispy French fries Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	28) Breakfast for Lunch Day! French Toast Sticks (3) Savory sausage links (2) Crispy sweet potato fries Fresh fruit / light fruit cup Low fat or fat free milk	<p>K-5 Half Day Parent Conferences</p>	30) Tyson popcorn chicken Garlic & oil pasta California mixed medley Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<p>GRAB N GO BREAKFAST All meals include: Fresh fruit, 100% juice Low fat or fat free milk Mon.- Eggo mini pancakes Tues.- Warm whole grain Bagel Wed.- Soft Muffin/Blueberry or Apple cinn. Thurs.- Maple or Blueberry waffles Fri.- Pillsbury bagels w/ cream cheese filling Available daily: cereal bars pop tarts, bowl of cereal, yogurt</p>



DAILY ALTERNATIVE LUNCH

Fresh salad with choice of topping,
roll & dressing or
Monday-Tuna salad sandwich
Tuesday-Turkey w/lettuce sandwich
Wednesday-Bologna & cheese sandwich
Thursday-PB&J uncrustable
Friday-Ham & cheese sandwich
Including vegetable, fruit & milk



A la carte milk
\$.60
*A la carte fruit
or veggies* \$.80

Breakfast price \$1.75 daily
Lunch price \$3.00 daily

Reduced price meals:
Lunch \$.25 daily - Breakfast \$.25

All meals meet the
Whole Grain requirements

SNACK PRICES
(CHOICES MAY VARY
AT
INDIVIDUAL SCHOOLS)
Assorted Yogurt **\$.75**
Cookie **\$.60**
Ice Cream **\$.85**
Juice Cup **\$.60**
Water **\$.75**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..