

GRADE K-5  
November  
2017



# EAST GREENBUSH ELEMENTARY SCHOOLS



Menu subject to change  
Writing Checks for School Lunch is  
Ancient History?  
Easily Pay for School Meals At  
myschoolbucks.com

	Monday	Tuesday	Wednesday	Thursday	Friday
A	<p><b>Happy Thanksgiving</b></p>		<b>1) Baked mozzarella sticks</b> Served with warm marinara sauce Garden salad w/dressing Seasoned sweet peas Fresh fruit / light fruit cup Low fat or fat free milk	<b>2) Tyson chicken nuggets</b> Brown rice w/gravy Seasoned corn Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>3) Tony's French bread pizza</b> Cheese or pepperoni Homemade vegetable soup Sunny carrot coins Fresh fruit / light fruit cup Low fat or fat free milk
B	<b>6) Chicken patty parm on a bun</b> Served w/sauce & mozzarella cheese Italian mixed vegetables Bush's baked beans Fresh fruit / light fruit cup Low fat or fat free milk	<b>7) Fun fish sticks</b> Land O'Lakes mac & cheese Steamed broccoli Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>8) Hamburger or cheeseburger</b> Served on a warm wheat roll Glazed carrots Golden baked tater tots Fresh fruit / light fruit cup Low fat or fat free milk	<b>9) Tyson chicken nuggets</b> Zesty corn & red peppers Romaine salad w/ marinated beets Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<p><b>VETERANS DAY</b></p> <p><b>NO SCHOOL</b></p>
A	<b>13) Hot dog on a bun</b> Bush's baked beans Crispy French fries Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	<b>14) Cheesy garlic pizza dunkers</b> Served with warm marinara sauce Sweet peas and carrots Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>15) Taco Salad</b> Lettuce, tomato, cheddar, salsa Served on a bed of tortilla chips Creamy corn salad Fresh fruit / light fruit cup Low fat or fat free milk	<p><b>K-5 Half Day Parent Conferences</b></p>	<b>17) Tony's Personal Pan Pizza</b> Cheese or Pepperoni Tasty mixed vegetables Garden fresh salad w/dressing Fresh fruit / light fruit cup Low fat or fat free milk
B	<b>20) Holiday grilled cheese</b> Campbell's Tomato soup Little dilly pickles Steamed broccoli and cauliflower Fresh fruit / light fruit cup Low fat or fat free milk	<b>21) Stuffed crust pizza</b> Seasoned green beans Zesty chickpea salad Yummy vanilla pudding Fresh fruit / light fruit cup Low fat or fat free milk	<p><b>GIVE THANKS</b></p>		
<b>**THANKSGIVING RECESS - NO SCHOOL**</b>					
A	<b>27) Corn Dog on a Stick</b> BBQ baked beans Seasoned crispy French fries Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	<b>28) Breakfast for Lunch Day!</b> French Toast Sticks (3) Savory sausage links (2) Crispy sweet potato fries Fresh fruit / light fruit cup Low fat or fat free milk	<p><b>K-5 Half Day Parent Conferences</b></p>	<b>30) Tyson popcorn chicken</b> Garlic & oil pasta California mixed medley Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<p><b>GRAB N GO BREAKFAST</b> All meals include: Fresh fruit, 100% juice Low fat or fat free milk <b>Mon.</b>- Eggo mini pancakes <b>Tues.</b>- Warm whole grain Bagel <b>Wed.</b>- Soft Muffin/Blueberry or Apple cinn. <b>Thurs.</b>- Maple or Blueberry waffles <b>Fri.</b>- Pillsbury bagels w/ cream cheese filling <i>Available daily: cereal bars pop tarts, bowl of cereal, yogurt</i></p>



**DAILY ALTERNATIVE LUNCH**

Fresh salad with choice of topping,  
roll & dressing or  
**Monday-Tuna salad sandwich**  
**Tuesday-Turkey w/lettuce sandwich**  
**Wednesday-Bologna & cheese sandwich**  
**Thursday-PB&J uncrustable**  
**Friday-Ham & cheese sandwich**  
Including vegetable, fruit & milk



*A la carte milk*  
\$.60  
*A la carte fruit  
or veggies* \$.80

**Breakfast price \$1.75 daily**  
**Lunch price \$3.00 daily**

**Reduced price meals:**  
**Lunch \$.25 daily - Breakfast \$.25**

*All meals meet the  
Whole Grain requirements*

**SNACK PRICES**  
(CHOICES MAY VARY  
AT  
INDIVIDUAL SCHOOLS)  
Assorted Yogurt **\$.75**  
Cookie **\$.60**  
Ice Cream **\$.85**  
Juice Cup **\$.60**  
Water **\$.75**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..**