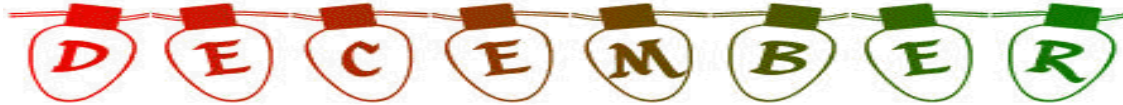




# Columbia High School



[mySchoolBucks.com](http://mySchoolBucks.com)

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1) Garlic Pizza Dunkers</b> Served w. warmed marinara sauce Italian mixed vegetables Steamed sweet peas Fresh fruit / light fruit cup Low fat or fat free milk
<b>4) Penne Pasta Bar</b> Served with a garlic breadstick Creamy Alfredo or Meat Sauce Steamed broccoli florets Butternut squash Low fat or fat free milk	<b>5) Cheeseburger or Hamburger</b> Served on a whole wheat bun Seasoned french fries Marinated three bean salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>6) Buffalo Cheese Crunchers</b> Carrot & celery sticks w. 1oz ranch Tasty corn niblets Campbell's bean w. bacon soup Fresh fruit / light fruit cup Low fat or fat free milk	<b>7) Savory Turkey &amp; Gravy</b> Served w. a honey wheat biscuit Sliced carrot coins Fresh garden salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>8) Homemade Buffalo Chicken Pizza</b> Savory green beans Roasted cauliflower florets Murphy's vegetable soup Fresh fruit / light fruit cup Low fat or fat free milk
<b>11) Toasted Cheese Sandwich</b> Served on whole wheat bread Campbell's creamy tomato soup California mixed vegetables Fresh garden tossed salads Low fat or fat free milk	<b>12) Orange Glazed Popcorn Chicken</b> Served on herbed rice Steamed green beans Marinated tomato & mozz salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>13) Turkey Chili w. Tortilla Chips OR Corn Dog</b> Sweet glazed carrot coins Fresh mixed vegetable bowl Fresh fruit / light fruit cup Low fat or fat free milk	<b>14) Spicy or Plain Chicken Patty</b> Served on a whole wheat bun Marinated chickpea salad Yummy mixed vegetables Campbell's vegetable soup Low fat or fat free milk	<b>15) Fiestada (Taco) Pizza</b> Hot Dog w/ Meat Sauce Seasoned carrot coins Cool cucumber salad Fresh fruit / light fruit cup Low fat or fat free milk
<b>18) Oven Baked Cheese Sticks</b> Served w. warmed marinara sauce Steamed cut corn Bodacious broccoli salad Murphy's beans & greens soup Low fat or fat free milk	<b>19) Spicy Chicken Burrito</b> Served on a whole wheat wrap Spanish rice pilaf Steamed mixed vegetables Fresh fruit / light fruit cup Low fat or fat free milk	<b>20) Taco Salad</b> Served w. Tostito's tortilla chips Lettuce, cheddar, tomato, salsa Corn & Black bean salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>21) Cheeseburger or Hamburger</b> Served on a whole wheat bun Crispy tater tots Bush's baked beans Fresh garden salad Low fat or fat free milk	<b>22) Tyson Chicken Nuggets</b> Garlic & Oil penne pasta Seasoned green beans Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk
25	26	27	28	29
<b>WINTER RECESS</b>				

**Breakfast price \$2.25 daily**  
**Lunch price \$3.25 daily**  
**Reduced price meals:**  
 Lunch \$.25 daily - Breakfast \$.25 daily

*A la carte milk \$.60 |*  
*A la carte fruit or veggies \$.80*



**EVERYONE CAN HAVE BREAKFAST**

French Toast Sticks w. Syrup  
 Assorted Egg & cheese  
 Sandwiches  
 English Muffins/Bagels  
 Milk/Fruit/Juice



**DAILY ALTERNATIVE ENTREE CHOICES**

- \* **Made-to-order wraps**
- \* **Fresh made salad with choice of topping, roll & Dressing**
- \* **Fresh made subs & wraps to "grab & go"**