



East Greenbush Elementary Schools

Writing Checks for School Lunch is
Ancient History?
Easily Pay for School Meals At
myschoolbucks.com

	Monday	Tuesday	Wednesday	Thursday	Friday
B				1) Tyson chicken nuggets Vegetable rice pilaf Garden fresh salad Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	2) Fun fish sticks Land O'Lakes mac n cheese Seasoned green beans House made vegetable soup Fresh fruit / light fruit cup Low fat or fat free milk
A	5) Cheesy mozzarella sticks Filled w/ marinara sauce & cheese California mixed vegetable medley Toss salad w/dressing Fresh fruit / light fruit cup Low fat or fat free milk	6) Breakfast for Lunch French toast sticks (3) Savory sausage links (2) Sweet potato nuggets Fresh fruit / light fruit cup Low fat or fat free milk	7) Hamburger or cheeseburger Served on whole grain roll Golden smile fries Tangy three bean salad Fresh fruit / light fruit cup Low fat or fat free milk	8) Tyson popcorn chicken Penne pasta w/marinara sauce Sweet corn Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	9) Tony's personal pan pizza Delicious sweet pea salad House made vegetable soup Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk
B	12) Hot dog on wheat roll BBQ baked beans Crispy French fries Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	13) Crispy pizza crunchers Served with warm marinara sauce Sweet glazed carrots Fresh romaine salad Fresh fruit / light fruit cup Low fat or fat free milk	14) Favorite chicken nuggets Seasoned herb rice Seasoned mixed vegetables Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	15) K-5 Half Day Parent Conferences	16) Baked fish fillet on warm roll Corn & red peppers Ruffles potato chips/pickles Festive pudding cup Fresh fruit / light fruit cup Low fat or fat free milk
A	19) Golden chicken patty Warm whole grain roll Oven baked beans Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	20) Cheese ravioli Warm garlic breadstick Seasoned sweet peas Sunshine garden salad Fresh fruit / light fruit cup Low fat or fat free milk	21) Taco salad Lettuce, tomato, cheddar, salsa Served over warm corn chips Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk	22) Tyson popcorn chicken Penne pasta w/oil & garlic Sunny carrot coins Fresh cauliflower cups Fresh fruit / light fruit cup Low fat or fat free milk	23) K-12 Half Day Professional Development
B	26) Toasted grilled cheese Campbell's creamy tomato soup Italian green beans Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	27) Garlic pizza dunkers Served w/warm marinara sauce Sweet corn niblets Crispy garden salad Fresh fruit / light fruit cup Low fat or fat free milk	28) Turkey wrap (BLT) Cajun French fries/pickles Zesty chickpea salad Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	29) Tyson chicken nuggets Seasoned garlic rice Flavorable mixed vegetables Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	30) NO SCHOOL SPRING RECESS

******LUNCH PRICE** ****
 Breakfast price **\$1.75** daily
Lunch price \$3.00 daily
 Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily



A la carte milk \$.60
A la carte fruit or veggies \$.80

SNACK PRICES
 (CHOICES MAY VARY AT
 INDIVIDUAL SCHOOLS)
 Assorted Yogurt **\$.75**
 Cookie **\$.60**
 Ice Cream **\$.85**
 Juice Cup **\$.60**
 Water **\$.75**



GRAB N GO BREAKFAST
 All meals include:
 Fresh fruit, 100% juice
 Low fat or fat free milk
Mon.- Eggo mini pancakes (maple/blueberry)
Tues.- Warm whole grain bagel
Wed.- Soft muffin (blueberry/apple cinn.)
Thurs- Waffles (maple/blueberry)
Fri.- Pillsbury bagels w/cream cheese filling
Available daily: cereal bars, poptarts, cereal, yogurt

DAILY ALTERNATIVE LUNCH
 Fresh salad with choice of topping, roll & dressing **OR**
 Monday---Tuna salad sandwich
 Tuesday---Turkey w/lettuce sandwich
 Wednesday----Bologna & cheese sandwich
 Thursday--PB&J uncrustable
 Friday----Ham & cheese sandwich
 Including vegetable, fruit & milk

All meals meet the Whole Grain requirements

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER.

Menu subject to change