





Goff Middle School

April



mySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
2) 	***** Spring Recess ***** NO SCHOOL *****			6) 
9) Tyson golden chicken patty Served with lettuce, tomato, ranch Savory baked beans Creamy cucumber salad Fresh fruit / light fruit cup Low fat or fat free milk	10) BBQ pulled pork on wheat roll Crispy tater tots Creamy coleslaw/dill pickle Fresh salads w/ oranges/raisins Fresh fruit / light fruit cup Low fat or fat free milk	11) Hamburger/cheeseburger Served on whole wheat roll Garden pasta salad Steamed sweet carrots Fresh fruit / light fruit cup Low fat or fat free milk	12) Baked chicken dinner Whipped potatoes/gravy Seasoned sweet corn Fresh broccoli cups with ranch Fresh fruit / light fruit cup Low fat or fat free milk	13) Homemade pepperoni pizza Crunchy green bean salad Vitamin rich garden salads Minestrone soup Fresh fruit / light fruit cup Low fat or fat free milk
16) Meatless Monday Delicious mac and cheese Steamed California mix Fresh carrots with ranch Fresh fruit / light fruit cup Low fat or fat free milk	17) Hotdog on roll with toppings Homemade macaroni salad Cowboy baked beans Crunchy celery sticks Fresh fruit / light fruit cup Low fat or fat free milk	18) Italian chicken fillet Scalloped potatoes Steamed green beans Fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	19) Spring picnic day Turkey wrap with lettuce, cheese Garden pasta salad/pickle Broccoli and cauliflower cups Fresh fruit / light fruit cup Low fat or fat free milk	20) Celebrating Earth Day! Stuffed crust cheese pizza Romaine garden salads Veggie cups with hummus Strawberry cups/fresh fruit Low fat or fat free milk
23) Garlic and oil pizza dunkers Served with marinara sauce Romaine salads with oranges Steamed broccoli Fresh fruit / light fruit cup Low fat or fat free milk	24) Taco Tuesday Lettuce, cheese, tomato, salsa Served on warm corn chips Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk	25) Rotini and meat sauce Served with garlic breadstick Steamed seasoned green beans Chickpea salad on romaine Fresh fruit / light fruit cup Low fat or fat free milk	26) Breakfast for lunch day French toast sticks/syrup Savory sausage patty Hash brown patty/baby carrots Fresh fruit / light fruit cup Low fat or fat free milk	27) French bread pizza Tomato and mozzarella salad Steamed sweet peas Cream of broccoli soup Fresh fruit / light fruit cup Low fat or fat free milk
30) Tyson chicken patty parm Served on wheat roll Oven crispy French fries Steamed corn Fresh fruit / light fruit cup Low fat or fat free milk	<p>Breakfast price \$1.75 daily Lunch price \$3.25 daily Reduced price meals: Lunch \$.25 dail;</p> <p><u>Breakfast Kiosk</u> Cereal bars OR Whole grain Pop Tart Yogurt \ Fresh fruit 1% OR fat free milk 100% fruit juice Students may choose 1 grain, fresh fruit, juice & milk All meals meets Child Nutrition guidelines</p> <p><u>DAILY ENTREE ALTERNATIVE LUNCH</u> Fresh salad with choice of topping, roll & dressing OR Monday--Tuna salad sandwich Tuesday--Turkey w/lettuce sandwich Wednesday--Bologna & cheese sandwich Thursday--PB&J uncrustable Friday--Ham & cheese sandwich Including vegetable, fruit & milk</p>			

A la carte milk \$.60 | A la carte fruit or veggies \$.80



All meals meet the Whole Grain requirements

Menu subject to change

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