



East Greenbush Elementary Schools



Writing Checks for School Lunch is
Ancient History?
Easily Pay for School Meals At
myschoolbucks.com

Menu subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	
B						1) Tony's Personal Pan Pizza Steamed Italian mixed vegetables Homemade chicken vegetable soup Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk
A	4) Mickey Mouse grilled cheese Campbell's tomato soup Crunchy pickle slices/sweet peas Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	5) Fish sticks Land O'Lakes Mac N Cheese Glazed carrot coins Fresh garden salad w/dressing Fresh fruit / light fruit cup Low fat or fat free milk	6) Taco Salad Lettuce, tomato, cheddar, salsa Served over warm corn chips Refried beans w/cheese Fresh fruit / light fruit cup Low fat or fat free milk	7) Tyson chicken nuggets Seasoned herb rice Seasoned Italian green beans Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	8) <p style="text-align: center;">K - 8 Early dismissal NO LUNCH SERVED</p>	
B	11) PICK A PATTY DAY Chicken or Beef patty on bun Cowboy baked beans Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	12) Crispy pizza crunchers Sweet corn Garden fresh salad w/dressing Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	13) Breakfast for Lunch French toast sticks (3) Sausage links (2) Sweet potato nuggets Fresh fruit / light fruit cup Low fat or fat free milk	14) CRAZY CHICKEN DAY Chicken nuggets/ Popcorn chicken Penne pasta with garlic/oil Healthy sweet peas Fresh fruit / light fruit cup Low fat or fat free milk	15) <p style="text-align: center;">K - 8 Early dismissal NO LUNCH SERVED</p>	
A	18) HOT DIGGITY DOG Served on warm wheat roll BBQ baked beans Smiley fries Fresh fruit / light fruit cup Low fat or fat free milk	19) PICK A PIZZA Variety of choices Sunny broccoli salad Steamed mixed vegetables Fresh fruit / light fruit cup Low fat or fat free milk	20) DIP IT OR DUNK IT Mozzarella sticks or Pizza dunkers Served with warm marinara sauce Enjoyable sunny sweet corn Fresh fruit / light fruit cup Low fat or fat free milk	<p style="text-align: center;">K - 8 Early dismissal NO LUNCH SERVED Last day of school</p>	22) <p style="text-align: center;">Superintendent's Conference Day NO STUDENTS</p>	

Breakfast price \$1.75 daily
Lunch price \$3.00 daily
Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

A la carte milk \$.60 | A la carte fruit or veggies \$.80

All meals meet the Whole Grain requirements

SNACK PRICES
 (CHOICES MAY VARY AT
 INDIVIDUAL SCHOOLS)
 Assorted Yogurt \$.75
 Cookie \$.60
 Ice Cream \$.85
 Juice Cup \$.60
 Water \$.75



GRAB N GO BREAKFAST
 All meals include:
 Fresh fruit, 100% juice
 Low fat or fat free milk

Mon.- Eggo mini pancakes
Tues.- Warm whole grain Bagel
Wed.- Soft Muffin (blueberry or apple cinn.)
Thurs- Waffles (maple or blueberry)
Fri.- Pillsbury bagels w cream cheese filling

**Available daily: cereal bars, pop tarts,
 cereal, yogurt**

DAILY ALTERNATIVE LUNCH
 Fresh salad with choice of topping, roll & dressing
OR

Monday---Tuna salad sandwich
 Tuesday---Turkey w/lettuce sandwich
 Wednesday---Bologna & cheese sandwich
 Thursday---PB&J uncrustable
 Friday---Ham & cheese sandwich
 Including vegetable, fruit & milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..