

COLUMBIA GIRLS' & BOYS' CROSS COUNTRY SCHEDULE- 2018

PLEASE REALIZE THAT IT'S SUBJECT TO CHANGE!!!

AUGUST 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 HEALTH REVIEW (BOYS) 9:00 AM to 1:00 PM	3	4
5	6 HEALTH REVIEW (GIRLS) 9:00 AM to 1:00 PM	7	8	9	10	11
12	13 FIRST DAY OF PRACTICE... 6:00 PM TO 7:30 PM MAKE-UP HEALTH REVIEW 9:00 AM TO 1:00 PM 3:00 PM TO 7:00 PM	14 PRACTICE 6:00 PM TO 7:30 PM MAKE-UP HEALTH REVIEW 9:00 AM TO NOON	15 PRACTICE 6:00 PM TO 7:30 PM	16 PRACTICE 6:00 PM TO 7:30 PM MAKE-UP HEALTH REVIEW 9:00 AM TO NOON	17 PRACTICE 6:00 PM TO 7:30 PM	18 PRACTICE 9:00 AM TO 10:30 AM
19	20 PRACTICE 6:00 PM TO 7:30 PM MAKE-UP HEALTH REVIEW 9:00 AM TO NOON	21 PRACTICE 6:00 PM TO 7:30 PM	22 PRACTICE 9:00 AM TO 10:45 PM MAKE-UP HEALTH REVIEW 9:00 AM TO NOON	23 PRACTICE 6:00 PM TO 7:30 PM	24 PRACTICE 6:00 PM TO 7:30 PM	25 PRACTICE 9:00 AM TO 10:30 AM
26	27 PRACTICE 4:00 PM TO 5:30 PM MEET THE COACHES NIGHT AT 7:00 PM	28 PRACTICE 6:00 PM TO 7:30 PM	29 PRACTICE 6:00 PM TO 7:30 PM	30 PRACTICE 6:00 PM TO 7:30 PM	31 NO PRACTICE	