



# East Greenbush Elementary Schools

Menu subject to change

Writing Checks for School Lunch is Ancient History?  
Easily Pay for School Meals At  
myschoolbucks.com

	Monday	Tuesday	Wednesday	Thursday	Friday
A	 <h2 style="font-size: 2em; margin: 0;">November</h2>			1) <b>Tyson popcorn chicken</b> Penne pasta with vegetables Tasty three bean salad Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	2) <b>Tony's personal pan pizza</b> Corn and red peppers House made chicken veg soup Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk
B	5) <b>Crispy chicken patty</b> Served on warm whole grain bun Tasty candied yams Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	6) <b>K-12 NO SCHOOL Professional Development</b>	7) <b>Breakfast for lunch</b> French toast bites (3) Savory sausage links (2) Crispy sweet potato fries Fresh fruit / light fruit cup Low fat or fat free milk	8) <b>Tyson chicken nuggets</b> Seasoned brown rice Marinated chickpea salad Fresh cauliflower cups Fresh fruit / light fruit cup Low fat or fat free milk	9) <b>Tony's French bread pizza</b> Cheese or Pepperoni Delicious mixed vegetables Bodacious broccoli salad Fresh fruit / light fruit cup Low fat or fat free milk
A	12)  <b>VETERANS DAY</b> Observance <b>NO SCHOOL</b>	13) <b>Cheesy stuffed crust pizza</b> Oven baked beans Garden fresh salad w/oranges Assorted fresh vegetables Fresh fruit / light fruit cup Low fat or fat free milk	14) <b>Hamburger or cheeseburger</b> Served on warm whole grain bun Seasoned carrot coins Golden smile fries Fresh fruit / light fruit cup Low fat or fat free milk	15) <b>K-5 Half Day Parent Conferences</b>	16) <b>Yummy fish sticks</b> Sweet potato fries House made chicken veg soup Raisin packs Fresh fruit / light fruit cup Low fat or fat free milk
B	19) <b>Holiday grilled cheese</b> Campbell's creamy tomato soup Garlic green beans Tossed salad w/dressing Fresh fruit / light fruit cup Low fat or fat free milk	20) <b>Mozzarella sticks</b> Served with warm marinara sauce Seasoned peas & carrots Pudding cups/Three bean salad Fresh fruit / light fruit cup Low fat or fat free milk	21)  <b>**THANKSGIVING RECESS - NO SCHOOL**</b>	22) 	23) 
A	26) <b>Tasty Corn Dog on a stick</b> Steamed mixed vegetables Crispy French fries Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	27) <b>Crispy pizza crunchers</b> Breaded crust w/sauce & mozzarella Sweet corn Fresh romaine salad w/beets Fresh fruit / light fruit cup Low fat or fat free milk	28) <b>K-5 Half Day Parent Conferences</b>	29) <b>Tyson popcorn chicken</b> Seasoned herb rice Steamed green beans Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	30) <b>Tony's personal pan pizza</b> Roasted garlic chickpeas Steamed peas & carrots Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk

**DAILY ALTERNATIVE LUNCH**  
Fresh salad with choice of topping, breadstick  
or  
**Monday- Tuna salad sandwich**  
**Tuesday -Turkey w/lettuce sandwich**  
**Wednesday- Bologna & cheese sandwich**  
**Thursday- PB&J uncrustable**  
**Friday- Ham & cheese sandwich**  
**Including vegetable, fruit & milk**



**GRAB N GO BREAKFAST**  
All meals include:  
Fresh fruit, 100% juice  
Low fat or fat free milk



**Mon.-** Mini pancakes (maple or strawberry)  
**Tues.-** Warm whole grain Bagel  
**Wed.-** Soft Muffin (blueberry or apple cinn.)  
**Thurs-** Muffins (maple or blueberry)  
**Fri.-** Pillsbury bagels w/cream cheese filling  
**Available daily:** cereal bars, pop tarts, cereal, yogurt



**MENU SUBJECT TO CHANGE**

**Breakfast price \$1.75 daily**  
**Lunch price \$3.00 daily**

**Reduced price meals:**  
**Lunch \$.25 daily - Breakfast \$.25 daily**

*A la carte milk \$.60*  
*A la carte fruit or veggies .80*

**SNACK PRICES**  
(CHOICES MAY VARY AT INDIVIDUAL SCHOOLS)  
Assorted Yogurt **\$.75**  
Cookie **\$.60**  
Ice Cream **\$.85**  
Juice Cup **\$.60**  
Water **\$.75**

*All meals meet the Whole Grain requirements*