



Monday	Tuesday	Wednesday	Thursday	Friday
 Happy Holidays				
3) <b>Tyson golden chicken patty</b> Served on wheat roll with lettuce Seasoned sweet potato fries Campbell's bean and bacon soup Fresh fruit / light fruit cup Low fat or fat free milk	4) <b>Garlic and oil pizza dunkers</b> Served with warm marinara sauce Chilled garden salads Italian green beans Fresh fruit / light fruit cup Low fat or fat free milk	5) <b>Taco salad day!</b> Lettuce, cheese, tomato, salsa Served on warm corn chips Refried beans with cheddar Fresh fruit / light fruit cup Low fat or fat free milk	6) <b>BBQ chicken on wheat roll</b> Garden pasta salad Seasoned sweet carrots Creamy cucumber salad Fresh fruit / light fruit cup Low fat or fat free milk	7) <b>Cheese/pepperoni pizza</b> Homemade on whole grain crust Chicken vegetable soup Steamed broccoli/veggie bags Fresh fruit / light fruit cup Low fat or fat free milk
10) <b>Hot Dog on wheat roll</b> Oven baked beans Fresh baby carrots with ranch Garden salads Fresh fruit/light fruit cup Low fat or fat free milk	11) <b>Chicken Fajita on warm wrap</b> Served with cheese/peppers,onions Savory Spanish rice Steamed sweet corn Fresh fruit / light fruit cup Low fat or fat free milk	12) <b>Hamburger/cheeseburger</b> Served on wheat roll Crispy seasoned french fries Cucumber salad Fresh fruit / light fruit cup Low fat or fat free milk	13) <b>Golden pizza crunchers</b> Served with warm marinara sauce Sweet pea salad Steamed broccoli Fruit choice/ Steamed carrots Low fat or fat free milk	14) <b>Cheese/pepperoni pizza</b> Homemade on whole grain crust Savory minestrone soup Seasoned mixed vegetables Fresh fruit / light fruit cup Low fat or fat free milk
17) <b>Crispy fish fillet on wheat roll</b> Cajun french fries Mediterranean chickpea salad Steamed carrot coins Fresh fruit / light fruit cup Low fat or fat free milk	18) <b>Tyson golden chicken nuggets</b> Healthy steamed brown rice/gravy Fresh green bean salad Steamed broccoli Fresh fruit / light fruit cup Low fat or fat free milk	19) <b>BBQ pulled pork on wheat roll</b> Garden pasta salad Sweet steamed corn Tomato mozzarella salad Fresh fruit / light fruit cup Low fat or fat free milk	20) <b>Turkey, cheese, lettuce wrap</b> Dill pickle slice/potato chips Campbell's cream of tomato soup Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	21) <b>French bread pizza</b> Served on whole grain crust Chicken vegetable soup Fresh garden salads Fresh fruit/light fruit cup Low fat or fat free milk
24)	25) <b>NO SCHOOL</b>	26) <b>WINTER RECESS</b>	27) <b>NO SCHOOL</b>	28)
31)	<p><b><u>Breakfast Kiosk</u></b> Cereal bars OR Whole grain Pop Tarts Yogurt \ Fresh fruit 1% OR fat free milk 100% fruit juice Students may choose 1 grain, fresh fruit, juice &amp; milk All meals meets Child Nutrition guidelines ----- <b>A la carte fruit or veggies \$.80</b></p>			

**Breakfast price \$1.75 daily**

**Lunch price \$3.25 daily**

Reduced price meals:

Lunch \$.25 daily - Breakfast \$.25 daily

*All meals meet the Whole Grain requirements*

**DAILY ENTREE ALTERNATIVE LUNCH**  
For a salad with choice of topping, grain and dressing  
**OR**

Monday-----Tuna salad sandwich

Tuesday-----Turkey w/lettuce sandwich

Wednesday-----Bologna & cheese sandwich

Thursday----- PB&J uncrustable

Friday----- Ham & cheese sandwich

**Including vegetable, fruit & milk**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..

