



mySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
	1) WINTER RECESS NO SCHOOL	2) Pizza Crunchers Glazed carrot coins Italian herbed green beans Garden tossed salads Fresh fruit / light fruit cup Low fat or fat free milk	3) Spicy Chicken Fajitas On a tortilla shell w. Spanish rice Black beans w/ red pepper Bodacious broccoli salad Fresh fruit / light fruit cup Low fat or fat free milk	4) Tony's Stuffed Crust Pizza Steamed corn niblets Roasted squash Carrot & Celery sticks w/ 1oz ranch Fresh fruit / light fruit cup Low fat or fat free milk
7) Hot Dog on a Wheat Roll Seasoned french fries Savory carrot slices Assorted tossed salads Fresh fruit / light fruit cup Low fat or fat free milk	8) BBQ Pulled Pork Served on a warm Hawaiian roll Crispy sweet potato nuggets Confetti corn salad /Bush's beans Fresh fruit / light fruit cup Low fat or fat free milk	9) Taco Salad Served w/ tortilla chips Lettuce, tomato, cheddar, salsa Refried beans topped with cheese Fresh fruit / light fruit cup Low fat or fat free milk	10) Tyson Chicken Nuggets Herbed rice Marinated tomato & mozz salad Roasted cauliflower florets Fresh fruit / light fruit cup Low fat or fat free milk	11) Murphy's Homemade Pizza Campbell's bean w/ bacon soup Pizza green beans Tasty corn morsels Fresh fruit / light fruit cup Low fat or fat free milk
14) Tyson Chicken Patty Sandwich Steamed broccoli florets Bush's baked beans New England Clam Chowder Fresh fruit / light fruit cup Low fat or fat free milk	15) Meatballs w/ Penne Pasta Served with homemade marinara sauce Italian vegetable medley Marinated chickpea salad Fresh fruit / light fruit cup Low fat or fat free milk	16) Cheesy Mozzarella Sticks Served with marinara sauce Steamed corn niblets Cool cucumber salad Fresh fruit / light fruit cup Low fat or fat free milk	17) Turkey & Gravy Served with a warmed biscuit Savory mashed potatoes Sliced carrot coins Fresh fruit / light fruit cup Low fat or fat free milk	18) Fabulous Fish Sandwich Homemade tartar sauce Seasoned sweet potato fries Herbed green beans Fresh fruit / light fruit cup Low fat or fat free milk
21) MLK DAY NO SCHOOL	22) REGENTS EXAMS COOKS CHOICE	23) REGENTS EXAMS COOKS CHOICE	24) REGENTS EXAMS COOKS CHOICE	25) REGENTS EXAMS COOKS CHOICE
28) Tyson Popcorn Chicken Bowl Vegetable herbed rice Bush's baked beans Fresh garden salads Fresh fruit / light fruit cup Low fat or fat free milk	29) Garlic Cheese Breadsticks Served with marinara sauce Pizza green beans Bodacious broccoli salad Fresh fruit / light fruit cup Low fat or fat free milk	30) Oven Baked Corn Dog Crispy french fries Glazed carrot coins Warmed pears Fresh fruit / light fruit cup Low fat or fat free milk	31) Turkey & Cheese Wrap Served on tomato or wheat wrap Oven roasted squash Seasoned cut corn Fresh fruit / light fruit cup Low fat or fat free milk	<p><u>DAILY ALTERNATIVE ENTREE CHOICES</u></p> <ul style="list-style-type: none"> * Made-to-order wraps * Fresh made salad with choice of topping, Breadstick & Dressing * Fresh made subs & wraps to "grab & go"

Breakfast price \$2.25 daily
Lunch price \$3.25 daily

A la carte milk \$.60 | A la carte fruit or veggies \$.80

EVERYONE CAN HAVE BREAKFAST

French Toast Sticks w. Syrup
 Assorted Egg & cheese Sandwiches
 English Muffins / Bagels
 Milk/Fruit/Juice

Menu subject to change

HAPPY NEW YEAR

All meals meet the Whole Grain requirements

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER.