



Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1) Winter Recess</p> <p>No School</p>	<p>2) Tyson golden chicken patty Served on wheat roll with lettuce Savory oven baked beans Glazed sweet carrots Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>3) Meatballs and marinara sauce Served over whole wheat penne Warm garlic bread stick Fresh garden salads with dsq. Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>4) Cheese/pepperoni pizza Homemade on whole grain crust Chicken vegetable soup Steamed seasoned broccoli Fresh fruit / light fruit cup Low fat or fat free milk</p>
<p>7) French bread pizza Campbell's bean N bacon soup Garden salads with dsq. Tomato mozzarella salad Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>8) BBQ chicken fillet on roll Crispy seasoned French fries Creamy coleslaw Steamed sweet peas Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>9) Taco Salad Day Lettuce, cheese, tomato and salsa Served on warm corn chips Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>10) Tyson golden chicken nuggets Creamy mashed potatoes Steamed green beans Crunchy baby carrots Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>11) Cheese/pepperoni pizza Homemade on whole grain crust Chicken vegetable soup Steamed mixed vegetable Fresh fruit / light fruit cup Low fat or fat free milk</p>
<p>14) Chicken parmesan sandwich Served on wheat roll with sauce Mediterranean chickpea salad Seasoned sweet potato fries Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>15) Garlic and oil pizza dunkers Served with marinara sauce Fresh garden salads with dsq. Steamed Italian green beans Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>16) Hamburger/cheeseburger Served on wheat roll Seasoned crispy oven fries Garlic and oil steamed broccoli Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>17) Chicken fajita on warm wrap Served with onion, peppers, cheese Savory Spanish rice Steamed corn Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>18) Oven crispy fish fillet Served with side of mac n cheese Crispy coleslaw/sweet peas Crunch fresh carrot cups Fresh fruit / light fruit cup Low fat or fat free milk</p>
<p>21) MLK Day</p> <p>No School</p> 	<p>22) Pizza crunchers with sauce Vitamin rich garden salads Tangy three bean salad Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>23) Hamburger/cheeseburger Served on wheat roll Cajun style French fries Sunny seasoned corn Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>24) Chicka-Waff. sandwich Served with honey mustard Garden pasta salad Steamed green beans Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>25) Cheese/pepperoni pizza Homemade on whole grain crust Minestrone soup Vitamin rich steamed broccoli Fresh fruit / light fruit cup Low fat or fat free milk</p>
<p>28) Hot Dog on wheat roll Oven baked beans Steamed carrot coins Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>29) Popcorn chicken bowls Steamed brown rice/gravy Seasoned sweet corn Assorted veggie bags Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>30) Taco Salad Day Lettuce, cheese, tomato and salsa Served on warm corn chips Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>31) Meatball marinara sub Served with parm. on wheat roll Fresh garden salads with dsq. Steamed garlic and oil broccoli Fresh fruit / light fruit cup Low fat or fat free milk</p>	

Breakfast price \$1.75 daily
Lunch price \$3.25 daily
 Reduced price meals:
 Lunch \$.25 daily - Breakfast \$.25 daily

Breakfast Kiosk

Cereal bars OR Whole grain Pop Tarts
 Yogurt \ Fresh fruit
 1% OR fat free milk
 100% fruit juice

Students may choose 1 grain, fresh fruit, juice & milk
 All meals meets Child Nutrition guidelines

DAILY ENTREE ALTERNATIVE LUNCH
Fresh salad with choice of topping, roll & dressing
OR
 Monday-----Tuna salad sandwich
 Tuesday-----Turkey w/lettuce sandwich
 Wednesday----Bologna & cheese sandwich
 Thursday----- PB&J uncrustable
 Friday----- Ham & cheese sandwich

A la carte milk \$.60
A la carte fruit or veggies \$.80

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER.

All meals meet the Whole Grain requirements

Menu subject to change