



East Greenbush Elementary Schools



Writing Checks for School Lunch is
Ancient History?
Easily Pay for School Meals At
myschoolbucks.com

Menu subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
A	<p>FRESH ~ DELICIOUS ~ NUTRITIOUS</p>				1) Tony's stuffed pizza Served on whole grain crust Sweet corn niblets Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk
B	4) Chicken patty Served on whole grain bun Seasoned green beans Assorted fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	5) Tony's personal pan pizza Steamed carrot coins Garden fresh salads w/dressing Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	6) Mozzarella sticks Served with warm marinara sauce Seasoned sweet corn Assorted fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	7) Tyson chicken nuggets Seasoned herb rice Steamed broccoli Zesty chickpea salad Fresh fruit / light fruit cup Low fat or fat free milk	8) K-12 Half Day Professional Development Day
A	11) Crispy fish sticks Oven baked beans Tossed salad w/dressing Assorted fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	12) Hamburger or cheeseburger Served on whole grain bun Golden smile fries Seasoned mixed vegetables Fresh fruit / light fruit cup Low fat or fat free milk	13) Taco Salad Lettuce, tomato, cheddar, salsa Served over warm corn chips Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk	14) Tyson popcorn chicken Seasoned penne pasta w/oil Seasoned peas & carrots Yummy pudding cups Fresh fruit / light fruit cup Low fat or fat free milk	15) Tony's French bread pizza Italian green beans Cauliflower cups House made vegetable soup Fresh fruit / light fruit cup Low fat or fat free milk
	18)	19) Winter Recess	20)	21) No School	22)
B	25) Crispy pizza crunchers Breaded crust w/sauce & mozzarella NY style vegetables Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	26) Chicken waffle sandwich Chicken patty served on waffles with side of honey mustard Golden sweet corn/Steamed broccoli Fresh fruit / light fruit cup Low fat or fat free milk	27) Turkey subs Bacon, lettuce, tomatoes Crispy dill pickles Marinated four bean salad Fresh fruit / light fruit cup Low fat or fat free milk	28) Tyson chicken nuggets Rainbow pasta salad Steamed carrot coins Assorted fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	SNACK PRICES (CHOICES MAY VARY AT INDIVIDUAL SCHOOLS) Assorted Yogurt \$.75 Cookie \$.60 Ice Cream \$.85 Juice Cup \$.60 Water \$.75

DAILY ALTERNATIVE LUNCH
 Fresh salad with choice of topping,
 breadstick & dressing
OR
 Monday---Tuna salad sandwich
 Tuesday---Turkey w/lettuce sandwich
 Wednesday---Bologna & cheese sandwich
 Thursday---PB&J uncrustable
 Friday---Ham & cheese sandwich
 Including vegetable, fruit & milk

GRAB N GO BREAKFAST
 All meals include:
 Fresh fruit, 100% juice
 Low fat or fat free milk
Mon.- Mini pancakes (maple or strawberry)
Tues.- Warm whole grain Bagel
Wed.- Soft Muffin (blueberry or apple cinnamon)
Thurs.- Waffles (maple or blueberry)
Fri.- Pillsbury bagels w/ cream cheese filling
 Available daily: cereal bars pop tarts,
 bowl of cereal, yogurt

Happy Valentine's Day

****LUNCH PRICE****
Breakfast price \$1.75 daily
Lunch price \$3.00 daily

Reduced price meals:
Lunch \$.25 daily - Breakfast \$.25 daily

A la carte milk \$.60
A la carte fruit or veggies \$.80

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER.

All meals meet the Whole Grain requirements