

GRADE K-5



EAST GREENBUSH ELEMENTARY SCHOOLS

APRIL

Menu: 2019

Writing Checks for School Lunch is Ancient History?
Easily Pay for School Meals At
myschoolbucks.com

MENU SUBJECT TO CHANGE

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|--|
| A | 1) Hot dog on whole grain roll Seasoned French fries Cowboy baked beans Assorted fresh vegetable bags Fresh fruit / light fruit cup Low fat or fat free milk | 2) Crispy pizza crunchers Breaded crust w/sauce & mozzarella Steamed carrot coins Seasoned broccoli florets Fresh fruit / light fruit cup Low fat or fat free milk | 3) Taco Salad Served with tortilla chips Lettuce, tomatoes, cheddar, salsa Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk | 4) Tyson chicken nuggets Spanish rice Pizza green beans Assorted fresh vegetable bags Fresh fruit / light fruit cup Low fat or fat free milk | 5) Baked fish fillet Served on warm whole grain roll Seasoned mixed vegetables House made vegetable soup Fresh fruit / light fruit cup Low fat or fat free milk |
| B | 8) Chicka-Waff Sandwich Chicken patty served on waffles with side of honey mustard Seasoned peas & carrots Fresh fruit / light fruit cup Low fat or fat free milk | 9) Yummy fish sticks Sweet potato fries Garden fresh salad w/dressing Assorted fresh vegetable bags Fresh fruit / light fruit cup Low fat or fat free milk | 10) Turkey (BLT) wraps Bacon, lettuce, tomatoes Delicious four bean salad Little dill pickles Fresh fruit / light fruit cup Low fat or fat free milk | 11) Tyson popcorn chicken Mashed potato w/gravy and roll Sweet corn niblets Assorted fresh vegetable bags Fresh fruit / light fruit cup Low fat or fat free milk | 12) Tony's French bread pizza Seasoned green beans Campbell's Minestrone soup Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk |
| A | 15) Macaroni & Cheese Seasoned mixed vegetables Tossed salad w/dressing Assorted fresh vegetable bags Fresh fruit / light fruit cup Low fat or fat free milk | 16) Breakfast for Lunch French toast sticks (3) Savory sausage links (2) Sweet potato nuggets Fresh fruit / light fruit cup Low fat or fat free milk | 17) Golden stuffed crust pizza Sweet corn niblets Oven baked beans Yummy pudding cups Fresh fruit / light fruit cup Low fat or fat free milk | 18) NO SCHOOL SPRING RECESS  | 19) NO SCHOOL SPRING RECESS  |
| | 22)  | 23)  | 24) | 25) | 26)  |
| B | 29) NO SCHOOL SPRING RECESS  | 30) Garlic cheese dunkers Served with warm marinara sauce Seasoned green beans Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk | GRAB N GO BREAKFAST <i>All meals include:</i> <i>Fresh fruit, 100% juice</i> <i>Low fat or fat free milk</i> Mon.- Mini pancakes (maple or strawberry) Tues.- Warm whole grain Bagel Wed.- Soft Muffin (blueberry or apple cinn.) Thurs- Waffles (maple or blueberry) Fri.- Pillsbury bagels w/cream cheese filling <i>Available daily: cereal bars, poptarts, cereal, yogurt</i> | | DAILY ALTERNATIVE LUNCH Fresh salad with choice of topping, breadstick & dressing OR Monday--Tuna salad sandwich Tuesday--Turkey w/lettuce sandwich Wednesday--Bologna & cheese sandwich Thursday -- PB&J uncrustables Friday--Ham & cheese sandwich Including vegetable, fruit & milk |

****LUNCH PRICE ****

Breakfast price \$1.75 daily
Lunch price \$3.00 daily

Reduced price meals:
Lunch \$.25 daily
Breakfast \$.25 daily



SNACK PRICES
(CHOICES MAY VARY
AT
INDIVIDUAL SCHOOLS)
Assorted Yogurt \$.75
Cookie \$.60
Ice Cream \$.85
Juice Cup \$.60
Water \$.75



A la carte milk \$.60
A la carte fruit or veggies \$.80

All meals meet the Whole Grain requirements

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