



Columbia High School



Daily alternative entree choice: variety of subs, wraps, sandwiches and fresh salads

mySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
3) Breaded Mozzarella Sticks Served with marinara sauce Sliced carrot coins Fresh garden salad Campbell's minestrone soup Low fat or fat free milk	4) Spicy Chicken Fajita Served on a warmed tortilla Zesty spanish rice, cheddar, salsa Black bean & corn salsa Fresh fruit / light fruit cup Low fat or fat free milk	5) Baked Cheese Ravioli OR Penne w/ meat sauce Steamed broccoli florettes Creamy cucumber salad Fresh fruit / light fruit cup Low fat or fat free milk	6) Turkey & Cheese Sub Served in a wheat hoagie roll Sweet potato french fries Steamed corn kernals Bodacious broccoli salad Low fat or fat free milk	7) Tony's French Bread Pizza Campbell's New England Chowder Bush's baked beans Fresh vegetable cup Fresh fruit / light fruit cup Low fat or fat free milk
10) Buffalo Cheese Crunchers Fresh garden salad Seasoned sweet peas Campbell's bean w. bacon soup Fresh fruit / light fruit cup Low fat or fat free milk	11) Hamburger or Cheeseburger Served on a wheat bun Zesty french fries Steamed vegetable medley Fresh fruit / light fruit cup Low fat or fat free milk	12) Marinated Chicken Breast Herbed stuffing w. gravy Savory sliced carrots Marinated chick pea salad Fresh fruit / light fruit cup Low fat or fat free milk	13) Hot Dog w/ meat sauce Served on a wheat bun Ruffle's potato chips & pickles Bush's baked beans Sweet cut corn Low fat or fat free milk	14) Murphy's Homemade Pizza Cheese or Buffalo chicken Steamed broccoli florets Fresh garden salads Fresh fruit / light fruit cup Low fat or fat free milk
17) Tyson Chicken Nuggets Herbed rice pilaf Campbell's minestrone soup Diced carrots & sweet peas Fresh fruit / light fruit cup Low fat or fat free milk	18 <p style="text-align: center;">REGENTS COOKS CHOICE</p>	19 <p style="text-align: center;">REGENTS COOKS CHOICE</p>	20 <p style="text-align: center;">REGENTS COOKS CHOICE</p>	21 <p style="text-align: center;">REGENTS COOKS CHOICE</p>
24 <p style="text-align: center;">REGENTS COOKS CHOICE</p>	25 <p style="text-align: center;">REGENTS COOKS CHOICE</p>	26 <p style="text-align: center;">REGENTS COOKS CHOICE</p>	27 Superintendent's Conference Day NO STUDENTS	

Breakfast price \$2.25 daily
Lunch price \$3.25 daily
 Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

A la carte milk \$.60 | A la carte fruit or veggies \$.80

DAILY ALTERNATIVE ENTREE CHOICES

* **Made-to-order wraps**

* **Fresh made salad with choice of topping,
Breadstick & Dressing**

* **Fresh made subs & wraps to "grab & go"**



**EVERYONE
CAN HAVE
BREAKFAST**

- French Toast Sticks w. Syrup
- Assorted Egg & cheese
- Sandwiches
- English Muffins / Bagels
- Milk/Fruit/Juice



Menu subject to change

CONGRATULATIONS TO ALL OUR GRADUATES

All meals meet the Whole Grain requirements

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..