





Goff Middle School

JUNE



mySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
3) Tyson chicken patty parm. Served on warm wheat roll Crunchy four bean salad Fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	4) Meatballs and sauce Served on wheat roll Fresh romaine garden salads Steamed sweet carrots Fresh fruit / light fruit cup Low fat or fat free milk	5) Hamburger/cheeseburger Served on warm wheat roll Steamed garden peas Crunchy tater tots Fresh fruit / light fruit cup Low fat or fat free milk	6) Tyson chicken nuggets Garden pasta salad Tomato mozzarella salad Seasoned sweet corn Fresh fruit / light fruit cup Low fat or fat free milk	7) Cheese/pepperoni pizza Homemade on whole grain crust Fresh broccoli with ranch dsq. Steamed mixed vegetables Fresh fruit/light fruit cup Lowfat or fat free milk
10) Hotdog on wheat roll Housemade coleslaw Ruffles potato chips/pickles Oven baked beans Fresh fruit / light fruit cup Low fat or fat free milk	11) Pizza crunchers with sauce Served with warm marinara sauce Creamy cucumber salad Steamed seasoned carrots Fresh fruit / light fruit cup Low fat or fat free milk	12) Taco salad day!! Lettuce, tomato, cheese and salsa Served on warm tortilla chips Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk	13) Turkey,cheese,lettuce wrap Served on whole grain wrap Creamy macaroni salad Fresh garden salads Fresh fruit / light fruit cup Low fat or fat free milk	14) K - 8 Early dismissal NO LUNCH SERVED
17) Buffalo style meatballs Served with warm breadstick Creamy coleslaw Delicious chick pea salad Fresh fruit / light fruit cup Low fat or fat free milk	18) Garlic and oil pizza dunkers Served with marinara sauce Steamed mixed vegetables Fresh veggie bags Fresh fruit/light fruit cup Low fat or fat free milk	19) Hamburger/cheeseburger Served on soft wheat roll Garden pasta salad Steamed broccoli Fresh fruit/light fruit cup Low fat or fat free milk	20) Stuffed crust pizza Served on whole grain crust Steamed green beans Delicious veggie bags Fresh fruit/light fruit cup Low fat or fat free milk	21) K - 8 Early dismissal NO LUNCH SERVED
24) COOKS CHOICE	25) COOKS CHOICE	26) LAST DAY OF SCHOOL K-8 Early Dismissal	27) 	28) 

Breakfast price **\$1.75** daily
Lunch price **\$3.25** daily
Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

A la carte milk \$.60 | A la carte fruit or veggies \$.80

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..

All meals meet the Whole Grain requirements

DAILY ENTREE ALTERNATIVE LUNCH

Fresh salad with choice of topping, roll & dressing
OR

- Monday--Tuna salad sandwich
- Tuesday--Turkey w/lettuce sandwich
- Wednesday--Bologna & cheese sandwich
- Thursday--PB&J uncrustable
- Friday--Ham & cheese sandwich
- Including vegetable, fruit & milk

Breakfast Kiosk

Cereal bars OR Whole grain Pop Tarts
Yogurt \ Fresh fruit
1% OR fat free milk
100% fruit juice
Students may choose 1 grain, fresh fruit, juice & milk

All meals meets Child Nutrition guidelines

Menu subject to change