

HEALTH HISTORY REVIEW SCHEDULE FOR FALL SPORTS – 2019

HEALTH OFFICE AT COLUMBIA HIGH SCHOOL

ALL STUDENTS MUST BE ON AN APPROVED LIST FROM THE HEALTH OFFICE PRIOR TO PARTICIPATION IN ANY PRACTICES.

The following dates and times have been established to conduct Health History Reviews for Fall Sports.

NO PHYSICALS ARE BEING GIVEN, THIS IS STRICTLY HEALTH HISTORY REVIEWS

Athletes are expected to report on their assigned day unless prior arrangements have been made with the Health Office.

**IF YOU HAVE GONE TO YOUR OWN FAMILY PHYSICIAN FOR A SPORTS PHYSICAL YOU WILL NEED TO BRING IN YOUR SPORTS PHYSICAL FORM THE DAY OF YOUR REVIEW. ALL STUDENTS ARE ALSO REQUIRED TO SUBMIT AN INTERVAL ATHLETIC HEALTH HISTORY / PARENT PERMISSION FORM.
IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE ATHLETIC OFFICE AT 518-207-2085.**

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
5	6	7	8	9
Football - Gr 9-12 Cheerleading – Gr 7-12 9:00am – 4:00pm	Boys Cross Country Boys Volleyball Golf Gr 7-12 9:00am – 1:00pm	Football gr 7-8 Girls Cross Country Girls Volleyball Gr 7-12 9:00am – 1:00pm	Field Hockey Girls Tennis Gr 7-12 9:00am – 1:00pm	
12	13	14	15	16
Golf – Gr 7-12 Boys Soccer Girls Soccer Gr 9-12 9:00am – 3:00pm 3:00pm – 7:00pm	Boys Soccer Girls Soccer Gr 7-8 9:00am – 1:00pm	Make-Up Day Gr 7-12 8:00am – 12:00pm 3:00pm – 7:00pm	Make-Up Day Gr 7-12 9:00am – 1:00pm	
19	20	21	22	23
FALL START DATE Make-Up Day Gr 7-12 8:00am – 12:00pm 3:00PM – 7:00PM	Make-Up Day Gr 7-12 9:00am – 1:00pm	Make-Up Day Gr 7-12 9:00am – 12:00pm	Make-Up Day Gr 7-12 9:00am – 1:00pm	
26	27	28	29	30
Make-Up Day Gr 7-12 9:00am – 12:00pm		Make-Up Day Gr 7-12 9:00am – 12:00pm		

****IF YOU ARE UNABLE TO ATTEND THE ASSIGNED DATE, YOU MAY COME ON ANY MAKE-UP DATE!****