



Menu subject to change

Grab n Go Breakfast Menu

Goff Middle School

Grade 6-8



mySchoolBucks.com

All meals meet the Whole Grain requirements

Monday	Tuesday	Wednesday	Thursday	Friday
Yummy Pancakes Maple or Strawberry Variety of 100% Juice Fresh Apple/Banana/Raisins Low Fat or Fat Free Milk	Golden Waffles or Warm Muffins Blueberry or Maple Variety of 100% Juice Fresh Apple/Banana/Raisins Low Fat or Fat Free Milk	Toasted Whole Grain Bagel Cinnamon or Strawberry Variety of 100% Juice Fresh Apple/Banana/Raisins Low Fat or Fat Free Milk	Sausage Pancake on a Stick Whole Grain Goodness Variety of 100% Juice Fresh Apple/Banana/Raisins Low Fat or Fat Free Milk	Warm Whole Grain Donut Hot and Fresh Variety of 100% Juice Fresh Apple/Banana/Raisins Low Fat or Fat Free Milk



All reimbursable meals include
Juice
Fruit
&
Milk

Available Daily
Daily hot item or
Pop-Tarts
Breakfast bars
Yogurt
Cheese stick
Peanut butter cup
Fresh fruit



SNACK PRICES
Cheez-it \$.50
Goldfish \$.75
Cheese stick \$.50
Breakfast Bar \$1.25
Assorted Yogurt \$1.25
Juice Cup \$.60
Water \$1.00
All snacks are SMART SNACK compliant

Breakfast price **\$1.75** daily
Lunch price **\$3.25** daily
Reduced price **\$.0** daily
Reduced price meals: Lunch \$.0 daily - Breakfast \$.0 daily



A la carte milk \$.60 | A la carte fruit or veggies \$.80

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..