



IDIOPATHIC ALLERGY

Student: _____ Grade: _____ DOB: _____
Mother: _____ MHome #: _____ MWork #: _____ MCell #: _____
Father: _____ FHome #: _____ FWork #: _____ FCell #: _____
Emergency Contact: _____ Relationship: _____ Phone: _____

SYMPTOMS OF AN ALLERGIC REACTION MAY INCLUDE ANY/ALL OF THESE:

- **MOUTH** Itching & swelling of lips, tongue or mouth, mouth "feels hot"
- **THROAT** Itching, tightness in throat, hoarseness, cough
- **SKIN** Hives, itchy rash, swelling of face and extremities
- **STOMACH** Nausea, abdominal cramps, vomiting, diarrhea
- **LUNG** Shortness of breath, repetitive cough, wheezing
- **HEART** "Thready pulse", "passing out"

**The severity of symptoms can change quickly –
it is important that treatment is given immediately.**

TREATMENT:

Treatment should be initiated ☐ with symptoms ☐ without waiting for symptoms

Benadryl ordered: Yes ____ No ____ Dosage Schedule: _____
*self carry Yes ____ No ____

Epinephrine ordered: Yes ____ No ____ Dosage Schedule: _____
*self carry Yes ____ No ____

**IF SYMPTOMS ARE PRESENT AND EPINEPHRINE IS ORDERED, GIVE EPINEPHRINE
IMMEDIATELY AND CALL 911.**

Preferred Hospital if transported: _____

Epinephrine provides a 20 minute response window. After epinephrine, a student may feel dizzy or have an increased heart rate. This is a normal response. Students receiving epinephrine should be transported to the hospital by ambulance. A staff member should accompany the student to the emergency room if the parent, guardian or emergency contact is not present and adequate supervision for other students is present. Call school nurse / parent if off school grounds.

*I attest that this student has demonstrated to me that they can self administer this medication.

Physician's Signature _____ Date: _____

Physician's Name (please print) _____ Phone: _____

Parent/Guardian Signature: _____ Date: _____

** This plan will be shared with pertinent staff on an as need to know basis.

This plan is in effect for the current school year and summer school as needed.

Revised 1/08