

HEALTH HISTORY REVIEW SCHEDULE FOR FALL SPORTS – 2016

HEALTH OFFICE AT COLUMBIA HIGH SCHOOL

ALL STUDENTS MUST BE ON AN APPROVED LIST FROM THE HEALTH OFFICE PRIOR TO PARTICIPATION IN ANY PRACTICES.

The following dates and times have been established to conduct Health History Reviews for Fall sports.

****NO PHYSICALS ARE BEING GIVEN, THIS IS STRICTLY HEALTH HISTORY REVIEWS****

Athletes are expected to report on their assigned day, unless prior arrangements have been made with the Health Office.

IF YOU HAVE GONE TO YOUR OWN FAMILY PHYSICIAN FOR A SPORTS PHYSICAL YOU WILL NEED TO BRING IN YOUR SPORTS PHYSICAL FORM THE DAY OF YOUR REVIEW. ALL STUDENTS ARE ALSO REQUIRED TO SUBMIT AN INTERVAL ATHLETIC HEALTH HISTORY/PARENT PERMISSION FORM.

IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE ATHLETIC DEPARTMENT AT 207-2080.

Mon	Tue	Wed	Thu	Fri
AUGUST 2016				
1 Football Grades 9-12 9:00AM-1:00PM	2 Girls Soccer Cheerleading Grades 7-12 9:00AM-1:00PM 5:00PM- 7:00PM	3 Boys Cross Country Boys Volleyball Grades 7-12 9:00AM-1:00 PM	4 Football Grades 7-8 Girls Cross Country Girls Volleyball Grades 7-12 9:00AM-1:00PM	5
8 Field Hockey Girls Tennis Grades 7-12 9:00AM-1:00PM 5:00PM-7:00PM	9 Golf Grades 7-12 Boys Soccer Grades 9-12 9:00AM-1:00PM	10 Boys Soccer Girls Soccer Grades 7-8 9:00AM -1:00PM	11 Make-up Day Grades 7-12 5:00PM-7:00PM	12
15 Make-up Day Grades 7-12 9:00AM-1:00PM	16 Make-up Day Grades 7-12 2:00PM-7:00PM	17	18 Make-up Day Grades 7-12 8:00AM-11:00AM Make-up Evening Grades 7-12 5:00PM-7:00PM	19
22 Make-up Evening Grades 7-12 5:00PM-7:00PM				

****If you are unable to attend the assigned date, you may come on any alternate date!**