Bullying

Teaching Tolerance

What is Bullying?

- An intentional, hurtful act carried out repeatedly and over time which harms, induces fear and / or creates terror in the victim. It is characterized by an imbalance of power between the victim and the aggressor, and can take several forms including physical, emotional and social... It may be verbal/cyber in nature but can also take the form of nonverbal harassment, such as poking, tripping, stealing, destroying the personnel property of others and / or ostracizing

Why Do Children Bully

- To gain power
- To get attention or become popular
- To get material things
- To act out problems at home
- To copy another person they admire

Who is a Bully

- A person who doesn't care if bad things happen to other people
- A person who doesn't feel bad when they hurt others
- A person who likes to be in charge and always gets their way
- A person who is bullied at home

Ways students bully

- Physical aggression
- Social alienation
- Verbal aggression
- Intimidation
- Cyberbullying

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Who is Bullied

- Students who are smaller
- Students who don't have that many friends
- Students who don't stick up for themselves or get help from an adult
- Bullies will pick on most anybody if they think they can get away with it
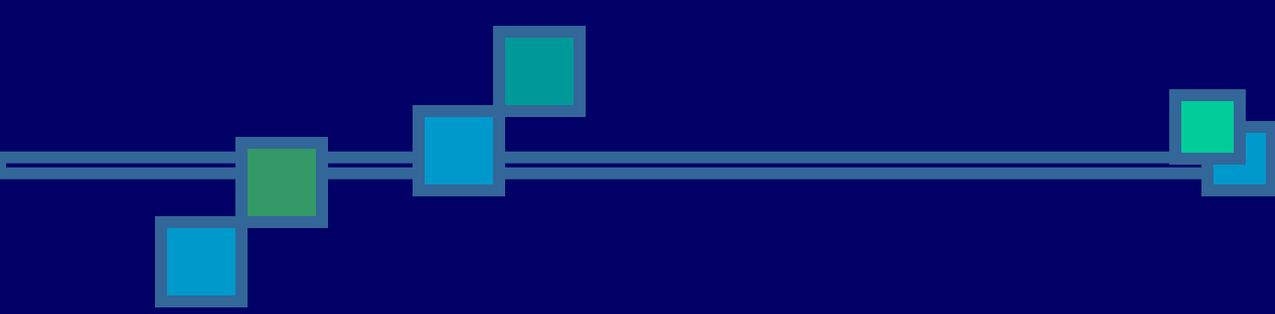
What can happen

- Feel scared, alone and sad
- Don't like school
- Don't feel good about themselves
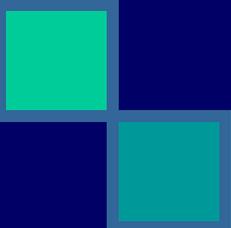- Get headaches and stomachaches
- Depression
- Suicide

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How to stop bullies

- Don't Bully others
- Help others
- Speak out
- Ignore it
- Get adult help
- Include everyone

What is done by adults

- If we tell an adult there are many ways they can deal with the issue. You can tell the adult you do not want to let other students know you are speaking to them regarding the incident.

- Although you may not see something happen to the bully it does not mean nothing was done. Do not be afraid to ask an adult if there was any action taken. We may not be able to tell you everything due to confidentiality.

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