


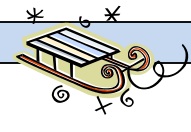



East Greenbush Elementary Schools



mySchoolBucks.com

	Monday	Tuesday	Wednesday	Thursday	Friday	
A			1) Hamburger or cheeseburger Served on a wheat bun Crispy tator tots Sweet glazed carrot coins Fresh fruit / light fruit cup Low fat or fat free milk	2) Tyson chicken nuggets Vegetable pasta salad Steamed broccoli Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	3) Tony's French bread pizza Campbell's chicken noodle soup Savory sweet pea salad Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	
B	6) Chicken patty on wheat roll Served w/ lettuce, tomato & ranch Steamed California mixed vegetables Fresh broccoli cups Fresh fruit / light fruit cup Low fat or fat free milk	7) Taco Tuesday Lettuce, tomato, cheddar, salsa Served over warm nacho chips Spicy corn and black beans Fresh fruit / light fruit cup Low fat or fat free milk	8) Funny fish shapes Land O Lakes mac n cheese Tossed garden salad Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	9) Tyson chicken nuggets Rockin' whole grain rice Seasoned green beans Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	10) Cheesy mozzarella sticks Served with warm marinara Tasty peas & carrots Homemade chicken veg. soup Fresh fruit / light fruit cup Low fat or fat free milk	
A	13) Yummy corn dog on a stick Crispy French fries Steamed mixed vegetables Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	14) Mickey Mouse toasted cheese Hearty tomato soup Seasoned corn & red peppers Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	15) New lasagna roll up Served with warm bread stick Italian green beans Crispy romaine salad Fresh fruit / light fruit cup Low fat or fat free milk	16) Tyson Popcorn chicken Creamy alfredo with penne Seasoned sweet peas Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	17) Tony's personal pan pizza Marinated chick pea salad Sunny carrot coins Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	
B	20) 	21) 	22) 	23) 	24) 	
Winter Recess NO SCHOOL						
A	27) Pizza dunkers w/garlic & oil Served w/warm marinara sauce Seasoned Italian green beans Healthy veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	28) Breakfast for Lunch Day!! Cinnamon French toast sticks (3) Savory sausage links (2) Sweet potato fries Fresh fruit / light fruit cup Low fat or fat free milk	SNACK PRICES (CHOICES MAY VARY AT INDIVIDUAL SCHOOLS) Assorted Yogurt \$.75 Cookie \$.60 Ice Cream \$.85 Juice Cup \$.60		DAILY ALTERNATIVE LUNCH Fresh salad with choice of topping, roll & dressing OR Monday---Tuna salad sandwich Tuesday---Turkey w/lettuce sandwich Wednesday---Bologna & cheese sandwich Thursday---PB&J uncrustable Friday---Ham & cheese sandwich Including vegetable, fruit & milk	

******LUNCH PRICE******
 Breakfast price **\$1.75** daily
 Lunch price **\$3.00** daily
 Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

A la carte milk \$.60 | A la carte fruit or veggies \$.80

EVERYONE CAN BUY BREAKFAST
 Mon. - milk/fruit/juice/cereal
 Tues. - milk/fruit/juice/bagel
 Wed. - milk/fruit/juice/French toast
 Thurs-milk/fruit/juice/Bacon scrambled pizza
 Fri. - milk/fruit/juice/pancake

DAILY ALTERNATIVE LUNCH
 Fresh salad with choice of topping, roll & dressing
OR
 Monday---Tuna salad sandwich
 Tuesday---Turkey w/lettuce sandwich
 Wednesday---Bologna & cheese sandwich
 Thursday---PB&J uncrustable
 Friday---Ham & cheese sandwich
 Including vegetable, fruit & milk



All meals meet the Whole Grain requirements

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..

Menu subject to change

