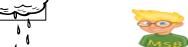
GRADE	K-5
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East Greenbush Elementary Schools



Menu subject to change



			ZFY DI		mySchoolBucks.com
	Monday	Tuesday	Wednesday	Thursday	Friday
<u> </u>	3) Hot diggity Dog	4) TACO Tuesday!	5) Crispy mozzarella sticks	6) Tyson chicken nuggets	7) Fun fish filets on a bun
	Hearty tomato soup	Lettuce, tomato, cheddar, salsa	Served with warm marinara sauce	Herb Rice	Romaine with oranges & raisins
	Land O Lakes mac & cheese	Served over warm corn chips	Fresh tossed salad	Italian green beans	Rainbow pasta salad
	Healthy veggie bag	Refried Beans w/ cheddar cheese	Healthy veggie cups	Celery sticks w/ dipping sauce	Healthy veggie bag
	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup
	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk
1	2 10) Crispy chicken patty	11) Breakfast for Lunch	12) Savory meatball sub	13) Tyson chicken nuggets	14)
	Served on warm whole grain roll	French toast sticks (3)	Served on a whole grain bun	Vegetable pasta salad	Spring Recess
	Garden fresh salad	Savory sausage links (2)	Marinated chickpea salad	Italian green beans	Spring Recess
	Steamed pea and carrots	Sweet potato nuggets	Warm cinnamon applesauce	Yummy vanilla pudding	NO SCHOOL
	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	NO SCHOOL
	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	
	17)	18)	19)	20)	21)
	i O				i,
		NO SCHOO	OL Spring	Recess	
	V 3				
<u> </u>	24) Crispy pizza crunchers	25) Hot diggity dog day	26) Hamburger or cheeseburger	27) Tyson chicken nuggets	28) Tony's French bread pizza
	Breaded crust w/sauce & mozzarella	Bush's baked beans	Served on a whole grain roll	Vegetable rice pilaf	Homemade vegetable soup
	Sweet glazed carrots	Seasoned smiley fries	Golden tater tots	California mixed vegetables	Seasoned sweet corn
	Healthy veggie bags	Healthy veggie bag	Good for you steamed broccoli	Healthy veggie bag	Healthy veggie bag
	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup
	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk

****LUNCH PRICE ****

Breakfast price \$1.75 daily

Lunch price \$3.00 daily

Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

A la carte milk \$.60 \ A la carte fruit or veggies \$.80

All meals meet the Whole Grain requirements

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..

EVERYONE CAN BUY BREAKFAST

Mon. - milk/fruit/juice/cereal Tues. - milk/fruit/juice/bagel Wed. - milk/fruit/juice/French toast Thurs-milk/fruit/juice/Bacon scrambled pizza Fri. - milk/fruit/juice/pancake

SNACK PRICES

(CHOICES MAY VARY AT INDIVIDUAL SCHOOLS)
Assorted Yogurt \$.75

Cookie \$.60 Ice Cream \$.85 Juice Cup \$.60

DAILY ALTERNATIVE LUNCH

Fresh salad with choice of topping, roll & dressing *OR*

Monday--Tuna salad sandwich
Tuesday--Turkey w/lettuce sandwich
Wednesday--Bologna & cheese sandwich
Thursday -- PB&J uncrustables
Friday--Ham & cheese sandwich
Including vegetable, fruit & milk