# GRADE K-5



# Genet Elementary School



MENU April 2017



### mySchoolBucks.com

					<u>IIIyociiooibucks.com</u>
	Monday	Tuesday	Wednesday	Thursday	Friday
A	3) Hot diggity dog	4) TACO Tuesday!	5) Crispy mozzarella sticks	6) Tyson chicken nuggets	7) Fun fish filets on a bun
	Hearty tomato soup	Lettuce, tomato, cheddar, salsa	Served with warm marinara sauce	Herb Rice	Romaine with oranges & raisins
	Seasoned corn	Served over warm corn chips	Fresh tossed salad	Italian green beans	Rainbow pasta salad
	Land O Lakes mac & cheese	Refried Beans w/ cheddar cheese	Healthy veggie cups	Celery sticks w/ dipping sauce	Healthy veggie bag
	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup
	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk
<u>B</u>	10) Crispy chicken patty	11) Breakfast for Lunch	12) Savory meatball sub	13) Tyson chicken nuggets	14)
	Served on warm whole grain roll	French toast sticks (3)	Served on a whole grain bun	Vegetable pasta salad	g i n
	Garden fresh salad	Savory sausage links (2)	Marinated chickpea salad	Italian green beans	Spring Recess
	Steamed peas and carrots	Sweet potato nuggets	Warm cinnamon applesauce	Yummy vanilla pudding	NO GOVEDO
	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup 💂	NO SCHOOL
	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	
	17)	18)	19)	20)	21)
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		NO SCHO	OL Spring	Recess	
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<u>A</u>	24) Crispy pizza crunchers	25) Hot diggity dog day	26) Hamburger or cheeseburger	27) Tyson chicken nuggets	28) Tony's French bread pizza
	Breaded crust w/sauce & mozzarella	Bush's baked beans	Served on a whole grain roll	Vegetable rice pilaf	Homemade vegetable soup
	Sweet glazed carrots	Seasoned smiley fries	Golden tater tots	California mixed vegetables	Seasoned sweet corn
	Healthy veggie bags	Healthy veggie bag	Good for you steamed broccoli	Healthy veggie bag	Healthy veggie bag
	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup
	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk

Breakfast price \$1.75 daily Lunch price \$3.00 daily

Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

A la carte milk \$.60 \ A la carte fruit or veggies \$.80

All meals meet the Whole Grain requirements

## Breakfast Kiosk \$1.75

Cereal bars OR Nutrigrain bars OR Whole grain Pop Tarts



Yogurt \ Fresh fruit 1% OR fat free milk 100% fruit juice



Students may choose 1 grain, fresh fruit, juice & milk All meals meets Child Nutrition guildelines

#### **DAILY ALTERNATIVE LUNCH**

Fresh salad with choice of topping, roll & dressing

#### OR

Monday--Tuna salad sandwich Tuesday--Turkey w/lettuce sandwich Wednesday--Bologna & cheese sandwich Thursday--PB&J uncrustables Friday--Ham & cheese sandwich

Menu subject to change

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