




# Columbia High School

Daily alternative entree choice: variety of subs, wraps, sandwiches and fresh salads



[mySchoolBucks.com](http://mySchoolBucks.com)

Monday	Tuesday	Wednesday	Thursday	Friday
 			1) Toasted Cheese Sandwich Campbell's tomato soup Italian style green beans Fresh tossed salad Fresh fruit / light fruit cup Low fat or fat free milk	2) Spicy or Plain Chicken Patty Served on a warmed wheat bun Savory butternut squash Steamed broccoli florets Fresh fruit / light fruit cup Low fat or fat free milk
5) Hot Italian Meatball Sub Served on a whole wheat bun Oven roasted cauliflower florets Fresh tossed garden salad Fresh fruit / light fruit cup Low fat or fat free milk	6) Grilled Chicken Breast w. Gravy Herbed stuffing Italian mixed vegetables Cool cucumber salad Fresh fruit / light fruit cup Low fat or fat free milk	7) Philly Cheese Steak Sandwich Served on a wheat hoagie Sauteed peppers, onions & cheese Corn & Black bean salad Fresh fruit / light fruit cup Low fat or fat free milk	8) Ham & Cheese Wrap Served on a whole wheat tortilla Sweet potato fries Savory green beans Fresh fruit / light fruit cup Low fat or fat free milk	9) Popcorn Chicken Bowl Served with herbed rice Seasoned corn niblets Warm cinnamon peaches Fresh fruit / light fruit cup Low fat or fat free milk
12) Breaded Mozzarella Sticks Served w. warm marinara sauce Sweet peas & carrot coins Marinated chick pea salad Assorted pudding cups Low fat or fat free milk	13) <b>REGENTS COOKS CHOICE</b>	14) <b>REGENTS COOKS CHOICE</b>	15) <b>REGENTS COOKS CHOICE</b>	16) <b>REGENTS COOKS CHOICE</b>
19) <b>REGENTS COOKS CHOICE</b>	20) <b>REGENTS COOKS CHOICE</b>	21) <b>REGENTS COOKS CHOICE</b>	22) <b>REGENTS COOKS CHOICE</b>	23) <b>Superintendent's Conference Day NO STUDENTS</b>

**LUNCH PRICE**  
 Breakfast price **\$2.25** daily  
**Lunch price \$3.25** daily  
 Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

*A la carte milk \$.60 | A la carte fruit or veggies \$.80*



**DAILY ALTERNATIVE LUNCH**  
 Fresh salad with choice of topping, roll & dressing  
**OR**  
 Monday--Tuna salad sandwich  
 Tuesday--Turkey w/lettuce sandwich  
 Wednesday--Bologna & cheese sandwich  
 Thursday--PB&J uncrustable  
 Friday--Ham & cheese sandwich  
 Including vegetable, fruit & milk



**CONGRATULATIONS TO ALL OUR GRADUATES**

*All meals meet the Whole Grain requirements*

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..*

Menu subject to change