



# mySchoolBucks.com

## K-5 Elementary Menu

Menu subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
В	,		,	Tyson chicken Nuggets	2) Personal pan pizza
-				Seasoned Rice	Healthy whole grain crust
				Sunny carrot coins	Mixed vegetables
				Marinated Chickpea Salad	Fresh assorted veggie cup
				Fresh fruit / light fruit cup	Fresh fruit / light fruit cup
				Low fat or fat free milk	Low fat or fat free milk
A	5) Breakfast for Lunch	6) Lasagna Roll Ups	7) TACO SALAD	8) Tyson chicken nuggets	9) K-8
	French Toast Sticks (3)	Warm marinara with Bread Stick	Lettuce, tomato, cheddar, salsa	Homemade Macaroni salad	Early dismissal
	Sausage Link (2)	Sweet corn	Served over warm corn chips	Italian style mixed vegetables	
	Sweet potato tator tots	Fresh Garden Salad	Refried Beans w/ cheddar cheese	Assorted veggie bag	70 - 70 - 10 - 10 - 10 - 10 - 10 - 10 -
	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	NO LUNCH SERVED
	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	
B	12) PICK A PATTY DAY	13) Fun Fish Shapes	14) PICK A PIZZA	15) CRAZY CHICKEN DAY!	16) K-8
	Chicken or Beef patty on bun	Land O'Lakes Mac N Cheese	Stuffed Crust or French Bread	Chicken Nuggets/ Popcorn Chicken	Early dismissal
	Smiley Fries	California mixed vegetables	Sunny broccoli salad	Seasoned French fries	
	Tender corn nibbles	Zesty three bean salad	Assorted veggie bag	Sweet peas	7 S. 70.
	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	NO LUNCH SERVED
	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	
A	19) HOT DIGGITY DOG	20) <b>DIP IT OR DUNK IT</b>	21) SEE YOU IN SEPTEMBER	22) Early Dismissal	23)
	Corn dog on a stick	Mozzarella Sticks or Pizza Dunkers	Crispy pizza crunchers	NO LUNCH SERVED	Superintendent's
	BBQ Baked Beans	Served with warm marinara sauce	Italian green beans	CO SCHOOL BULL TO	Conference Day
	Garden fresh salad	Seasoned peas & carrots	Assorted veggie bag	20200	
	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Fresh fruit / light fruit cup	Last Day of School	NO STUDENTS
L	Low fat or fat free milk	Low fat or fat free milk	Low fat or fat free milk	WIND THOU	2007



#### \*\*\*\*LUNCH PRICE \*\*\*\*

Breakfast price \$1.75 daily Lunch price \$3.00 daily

Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

All meals meet the Whole Grain requirements

#### EVERYONE CAN BUY BREAKFAST

Mon. - milk/fruit/juice/cereal Tues. - milk/fruit/juice/bagel Wed. - milk/fruit/juice/French toast Thurs-milk/fruit/juice/Bacon scrambled pizza Fri. - milk/fruit/juice/pancake

#### SNACK PRICES

(CHOICES MAY VARY AT INDIVIDUAL SCHOOLS) Assorted Yogurt \$.75 Cookie \$.60 Ice Cream \$.85 Juice Cup \$.60

### DAILY ALTERNATIVE LUNCH

Fresh salad with choice of topping, roll & dressing

OR

Monday---Tuna salad sandwich Tuesday---Turkey w/lettuce sandwich Wednesday---Bologna & cheese sandwich Thursday---PB&J uncrustable Friday---Ham & cheese sandwich Including vegetable, fruit & milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER

A la carte milk \$.60 \ A la carte fruit or veggies \$.80