







mySchoolBucks.com

GENET Menu

Menu subject to change

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|---|---|---|---|--|
| B | | SNACK PRICES (CHOICES MAY VARY AT INDIVIDUAL SCHOOLS) Assorted Yogurt \$.75 Cookie \$.60 Ice Cream \$.85 Juice Cup \$.60 | | 1) Tyson Chicken Nuggets Seasoned Rice Sunny carrot coins Marinated Chickpea Salad Fresh fruit / light fruit cup Low fat or fat free milk | 2) Personal Pan Pizza Healthy whole grain crust Mixed vegetables Fresh assorted veggie cup Fresh fruit / light fruit cup Low fat or fat free milk |
| A | 5) Breakfast for Lunch French Toast Sticks (3) Sausage Link (2) Sweet potato tator tots Fresh fruit / light fruit cup Low fat or fat free milk | 6) Lasagna Roll Ups Warm marinara with Bread Stick Sweet corn Fresh Garden Salad Fresh fruit / light fruit cup Low fat or fat free milk | 7) TACO SALAD Lettuce, tomato, cheddar, salsa Served over warm corn chips Refried Beans w/ cheddar cheese Fresh fruit / light fruit cup Low fat or fat free milk | 8) Tyson Chicken Nuggets Homemade Macaroni salad Italian style mixed vegetables Assorted veggie bag Fresh fruit / light fruit cup Low fat or fat free milk | 9) K-8 Early dismissal  NO LUNCH SERVED |
| B | 12) PICK A PATTY DAY Chicken or Beef patty on bun Smiley Fries Tender corn nibbles Fresh fruit / light fruit cup Low fat or fat free milk | 13) Fun Fish Shapes Land O'Lakes Mac N Cheese California mixed vegetables Zesty three bean salad Fresh fruit / light fruit cup Low fat or fat free milk | 14) PICK A PIZZA Stuffed Crust or French Bread Sunny broccoli salad Assorted veggie bag Fresh fruit / light fruit cup Low fat or fat free milk | 15) CRAZY CHICKEN DAY! Chicken Nuggets/ Popcorn Chicken Seasoned French fries Sweet peas Fresh fruit / light fruit cup Low fat or fat free milk | 16) K-8 Early dismissal  NO LUNCH SERVED |
| A | 19) HOT DIGGITY DOG Corn dog on a stick BBQ Baked Beans Garden fresh salad Fresh fruit / light fruit cup Low fat or fat free milk | 20) DIP IT OR DUNK IT Mozzarella Sticks or Pizza Dunkers Served with warm marinara sauce Seasoned peas & carrots Fresh fruit / light fruit cup Low fat or fat free milk | 21) SEE YOU IN SEPTEMBER Crispy pizza crunchers Italian green beans Assorted veggie bag Fresh fruit / light fruit cup Low fat or fat free milk | 22) Early Dismissal NO LUNCH SERVED  | 23) Superintendent's Conference Day  NO STUDENTS |



*****LUNCH PRICE*****
 Breakfast price **\$1.75** daily
Lunch price \$3.00 daily
 Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

All meals meet the Whole Grain requirements

A la carte milk \$.60 | A la carte fruit or veggies \$.80

Breakfast Kiosk \$1.75
 Cereal bars OR Nutrigrain bars OR Whole grain
 Pop Tarts
 Yogurt \ Fresh fruit
 1% OR fat free milk
 100% fruit juice
 Students may choose 1 grain, fresh fruit, juice & milk
 All meals meets Child Nutrition guidelines

DAILY ALTERNATIVE LUNCH
 Fresh salad with choice of topping, roll & dressing
OR
 Monday---Tuna salad sandwich
 Tuesday---Turkey w/lettuce sandwich
 Wednesday---Bologna & cheese sandwich
 Thursday---PB&J uncrustable
 Friday---Ham & cheese sandwich
 Including vegetable, fruit & milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER