



# Columbia High School



[mySchoolBucks.com](http://mySchoolBucks.com)

Monday	Tuesday	Wednesday	Thursday	Friday
		1) Hot Meatball Sub Served on a whole wheat subroll Sliced carrots & sweet peas Marinated three bean salad Fresh fruit / light fruit cup Low fat or fat free milk	2) Turkey Ala King Served w. wheat biscuit Creamy mashed potatoes Fresh garden tossed salad Fresh fruit / light fruit cup Low fat or fat free milk	3) Murphy's Homemade Pizza Seasoned green beans Celery & carrot sticks w. 1oz ranch Campbell's vegetable soup Fresh fruit / light fruit cup Low fat or fat free milk
6) Garlic Pizza Dunkers Served w. warmed marinara sauce Cool cucumber salad Candied yams Fresh fruit / light fruit cup Low fat or fat free milk	7) Cheeseburger or Hamburger Served on a whole wheat bun Campbell's bean w. bacon soup Ruffles potato chips & pickle slices Fresh fruit / light fruit cup Low fat or fat free milk	8) Ham & Cheese Wrap Served on a whole wheat wrap Crispy tater tots Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk	9) Tyson Chicken Nuggets Served w. herbed rice Steamed green beans Bush's baked beans Fresh fruit / light fruit cup Low fat or fat free milk	<b>NO SCHOOL VETERANS DAY</b>
13) Tony's Stuffed Crust Pizza Served w. assorted toppings Tomato & mozzarella salad Steamed broccoli & cauliflower Fresh fruit / light fruit cup Low fat or fat free milk	14) BBQ Grilled Chicken Breast Served with a garlic breadstick Homemade coleslaw Bush's baked beans Fresh fruit / light fruit cup Low fat or fat free milk	15) Taco Salad Served w. Tostito tortilla chips Cheesy refried beans Corn & black bean salsa Fresh fruit / light fruit cup Low fat or fat free milk	16) Toasted Cheese Sandwich Served on whole wheat bread Campbell's creamy tomato soup Italian style green beans Fresh fruit / light fruit cup Low fat or fat free milk	17) Baked Fish Fillet Sandwich Served on a whole wheat bun Crispy sweet potato fries Assorted tossed salads Fresh fruit / light fruit cup Low fat or fat free milk
20) Hot Dog <b>OR</b> Corn Dog Served on a whole wheat bun Glazed carrot coins Fresh vegetable bowl Fresh fruit / light fruit cup Low fat or fat free milk	21) Buffalo <b>OR</b> Pizza Crunchers Turkey vegetable soup Italian blend mixed vegetables Celery & carrot sticks w. 1oz ranch Fresh fruit / light fruit cup Low fat or fat free milk	<b>NO SCHOOL</b>		<b>NO SCHOOL</b>
27) Breaded Mozzarella Sticks Served w. warmed marinara sauce Marinated beet salad Seasoned green beans Fresh fruit / light fruit cup Low fat or fat free milk	28) Spicy or Plain Chicken Patty Served on a whole wheat bun Steamed broccoli florets Sweet butternut squash Fresh fruit / light fruit cup Low fat or fat free milk	29) Turkey & Cheese Sub Served on a whole wheat sub roll Sweet corn niblets Chickpea salad Fresh fruit / light fruit cup Low fat or fat free milk	30) Seasoned Chicken Fajita Served in a warmed tortilla wrap Sauteed onions, peppers & cheese Glazed carrot coins Fresh fruit / light fruit cup Low fat or fat free milk	<u><b>DAILY ALTERNATIVE ENTREE CHOICES</b></u>  * <b>Made-to-order wraps</b>  * <b>Fresh made salad with choice of topping, roll &amp; Dressing</b>  * <b>Fresh made subs &amp; wraps to "grab &amp; go"</b>

**Breakfast price \$2.25 daily**  
**Lunch price \$3.25 daily**  
 Reduced price meals:  
 Lunch \$.25 daily - Breakfast \$.25 daily

*A la carte milk \$.60*  
*A la carte fruit or veggies \$.80*

**EVERYONE CAN  
HAVE  
BREAKFAST**  
 French Toast Sticks w. Syrup  
 Assorted Egg & cheese Sandwiches  
 English Muffins / Bagels

**DAILY ALTERNATIVE  
ENTREE CHOICES**  
  
 \* **Made-to-order wraps**  
  
 \* **Fresh made salad with  
choice of topping, roll &  
Dressing**  
  
 \* **Fresh made subs & wraps  
to "grab & go"**