



# East Greenbush Elementary Schools

Writing Checks for School Lunch is  
Ancient History?  
Easily Pay for School Meals At  
[myschoolbucks.com](http://myschoolbucks.com)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>B</b>				<b>1) Tyson chicken nuggets</b> Vegetable rice pilaf Garden fresh salad Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>2) Fun fish sticks</b> Land O'Lakes mac n cheese Seasoned green beans House made vegetable soup Fresh fruit / light fruit cup Low fat or fat free milk
<b>A</b>	<b>5) Cheesy mozzarella sticks</b> Filled w/ marinara sauce & cheese California mixed vegetable medley Toss salad w/dressing Fresh fruit / light fruit cup Low fat or fat free milk	<b>6) Breakfast for Lunch</b> French toast sticks (3) Savory sausage links (2) Sweet potato nuggets Fresh fruit / light fruit cup Low fat or fat free milk	<b>7) Hamburger or cheeseburger</b> Served on whole grain roll Golden smile fries Tangy three bean salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>8) Tyson popcorn chicken</b> Penne pasta w/marinara sauce Sweet corn Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>9) Tony's personal pan pizza</b> Delicious sweet pea salad House made vegetable soup Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk
<b>B</b>	<b>12) Hot dog on wheat roll</b> BBQ baked beans Crispy French fries Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>13) Crispy pizza crunchers</b> Served with warm marinara sauce Sweet glazed carrots Fresh romaine salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>14) Favorite chicken nuggets</b> Seasoned herb rice Seasoned mixed vegetables Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>15) K-5 Half Day Parent Conferences</b>	<b>16) Baked fish fillet on warm roll</b> Corn & red peppers Ruffles potato chips/pickles Festive pudding cup Fresh fruit / light fruit cup Low fat or fat free milk
<b>A</b>	<b>19) Golden chicken patty</b> Warm whole grain roll Oven baked beans Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>20) Cheese ravioli</b> Warm garlic breadstick Seasoned sweet peas Sunshine garden salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>21) Taco salad</b> Lettuce, tomato, cheddar, salsa Served over warm corn chips Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>22) Tyson popcorn chicken</b> Penne pasta w/oil & garlic Sunny carrot coins Fresh cauliflower cups Fresh fruit / light fruit cup Low fat or fat free milk	<b>23) K-12 Half Day Professional Development</b>
<b>B</b>	<b>26) Toasted grilled cheese</b> Campbell's creamy tomato soup Italian green beans Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>27) Garlic pizza dunkers</b> Served w/warm marinara sauce Sweet corn niblets Crispy garden salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>28) Turkey wrap (BLT)</b> Cajun French fries/pickles Zesty chickpea salad Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>29) Tyson chicken nuggets</b> Seasoned garlic rice Flavorable mixed vegetables Assorted fresh veggie bag Fresh fruit / light fruit cup Low fat or fat free milk	<b>30) NO SCHOOL SPRING RECESS</b> 

\*\*\*\*LUNCH PRICE \*\*\*\*  
 Breakfast price **\$1.75** daily  
 Lunch price **\$3.00** daily  
 Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily



**A la carte milk \$.60**  
**A la carte fruit or veggies \$.80**

All meals meet the Whole Grain requirements

**SNACK PRICES**  
 (CHOICES MAY VARY AT  
 INDIVIDUAL SCHOOLS)  
 Assorted Yogurt **\$.75**  
 Cookie **\$.60**  
 Ice Cream **\$.85**  
 Juice Cup **\$.60**  
 Water **\$.75**



**GRAB N GO BREAKFAST**  
 All meals include:  
 Fresh fruit, 100% juice  
 Low fat or fat free milk  
**Mon.**- Eggo mini pancakes (maple/blueberry)  
**Tues.**- Warm whole grain bagel  
**Wed.**- Soft muffin (blueberry/apple cinn.)  
**Thurs**- Waffles (maple/blueberry)  
**Fri.**- Pillsbury bagels w/cream cheese filling  
**Available daily:** cereal bars, poptarts, cereal, yogurt

**DAILY ALTERNATIVE LUNCH**  
 Fresh salad with choice of topping, roll & dressing **OR**  
 Monday---Tuna salad sandwich  
 Tuesday---Turkey w/lettuce sandwich  
 Wednesday----Bologna & cheese sandwich  
 Thursday--PB&J uncrustable  
 Friday----Ham & cheese sandwich  
 Including vegetable, fruit & milk