

# HEALTH HISTORY REVIEW SCHEDULE FOR FALL SPORTS – 2018

## HEALTH OFFICE AT COLUMBIA HIGH SCHOOL

ALL STUDENTS MUST BE ON AN APPROVED LIST FROM THE HEALTH OFFICE PRIOR TO PARTICIPATION IN ANY PRACTICES.

The following dates and times have been established to conduct Health History Reviews for Fall sports.

***\*NO PHYSICALS ARE BEING GIVEN, THIS IS STRICTLY HEALTH HISTORY REVIEWS\****

Athletes are expected to report on their assigned day, unless prior arrangements have been made with the Health Office.

IF YOU HAVE GONE TO YOUR OWN FAMILY PHYSICIAN FOR A SPORTS PHYSICAL YOU WILL NEED TO BRING IN YOUR SPORTS PHYSICAL FORM THE DAY OF YOUR REVIEW. ALL STUDENTS ARE ALSO REQUIRED TO SUBMIT AN INTERVAL ATHLETIC HEALTH HISTORY/PARENT PERMISSION FORM.

IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT THE ATHLETIC DEPARTMENT AT 207-2080.

Mon	Tue	Wed	Thu	Fri
<b>AUGUST 2018</b>				
		1 <b>Football</b> Grade 9 - 12 <b>Cheerleading</b> Grade 7 -12 9:00am – 4:00pm	2 <b>Boys Cross Country</b> <b>Boys Volleyball</b> <b>Golf</b> Grade 7 – 12 9:00am – 1:00pm	3
6 <b>Football</b> Grade 7 -8 <b>Girls Cross Country</b> <b>Girls Volleyball</b> Grade 7 – 12 9:00am – 1:00pm 3:00pm-7:00pm	7 <b>Field Hockey</b> <b>Girls Tennis</b> Grade 7–12 9:00am – 1:00pm	8 <b>Golf</b> Grade 7-12 <b>Boys Soccer</b> <b>Girls Soccer</b> Grade 9-12 9:00am – 3:00pm	9 <b>Boys Soccer</b> <b>Girls Soccer</b> Grade 7-8 9:00am – 1:00pm	10
13 <b>Make up Day</b> Grade 7-12 8:00am – 12:00pm 3:00pm-7:00pm	14 <b>Make up Day</b> Grade 7-12 9:00am – 12:00pm	15	16 <b>Make up Day</b> Grade 7-12 9:00am – 12:00pm	17
20 <b>Make up Day</b> Grade 7-12 9:00am – 12:00pm	21	22 <b>Make up Day</b> Grade 7-12 9:00 – 12:00pm	23	24

**\*\*If you are unable to attend the assigned date, you may come on any alternate date!**