Columbia High School

Daily alternative entree choice: variety of subs, wraps, sandwiches and fresh salads

mySchoolBucks.com

Monday	*Tuesday*	*Wednesday*	*Thursday*	*Friday*
				1) Murphy's Homemade Pizza Choice of Cheese or Pepperoni Marinated tomato & mozzarella salad Steamed broccoli florets Fresh fruit / light fruit cup Low fat or fat free milk
4) Tyson popcorn chicken bowl Served w. herbed rice & egg roll Stir-fry vegetables Creamy cucumber salad Fresh fruit / light fruit cup Low fat or fat free milk	5) Regents	6) Turkey & Cheese Wrap Served on a white wheat wrap Ruffles potato chips & pickles Fresh Garden Salad/Potato Salad Fresh fruit / light fruit cup Low fat or fat free milk	7) Cheeseburger or Hamburger Served on a whole wheat bun Crispy french fries Marinated three bean salad Fresh fruit / light fruit cup Low fat or fat free milk	8) Hot Dog or Corn Dog Tasty corn niblets Pizza green beans Fresh tossed salad Fresh fruit / light fruit cup Low fat or fat free milk
11) Garlic Pizza Dunkers Served w. warmed marinara sauce Sweet glazed carrot coins Fresh vegetable bowl Fresh fruit / light fruit cup Low fat or fat free milk	12 **REGENTS** **COOKS** **CHOICE**	13 **REGENTS** **COOKS** **CHOICE**	14 **REGENTS** **COOKS** **CHOICE**	15 **REGENTS** **COOKS** **CHOICE**
18 **REGENTS** **COOKS** **CHOICE**	19 **REGENTS** **COOKS** **CHOICE**	20 **REGENTS** **COOKS** **CHOICE**	21 **REGENTS** **COOKS** **CHOICE**	22 **Superintendent's** **Conference Day** **NO STUDENTS**

LUNCH PRICE
Breakfast price **$2.25** daily
Lunch price $3.25 daily
Reduced price meals: Lunch $.25 daily - Breakfast $.25 daily

A la carte milk $.60 \ A la carte fruit or veggies $.80

CONGRATULATIONS TO ALL OUR GRADUATES

All meals meet the Whole Grain requirements

DAILY ALTERNATIVE LUNCH
Fresh salad with choice of topping, roll & dressing
OR
Monday--Tuna salad sandwich
Tuesday--Turkey w/lettuce sandwich
Wednesday--Bologna & cheese sandwich
Thursday--PB&J uncrustable
Friday--Ham & cheese sandwich
Including vegetable, fruit & milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..

Menu subject to change