



Grade K - 5



# East Greenbush Elementary Schools

Writing Checks for School Lunch is Ancient History? Easily Pay for School Meals at [myschoolbucks.com](http://myschoolbucks.com)

*Menu subject to change*

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>B</b>					1) <b>Tony's stuffed crust pizza</b> California mix medley Bodacious broccoli salad Assorted fresh vegetables bags Fresh fruit / light fruit cup Low fat or fat free milk
<b>A</b>	4) <b>Grilled chicken breast</b> Served on warm whole grain bun Seasoned steamed broccoli Assorted fresh vegetables bags Fresh fruit / light fruit cup Low fat or fat free milk	5) <b>Marinated meatballs</b> Served over penne pasta Glazed carrot coins Garden fresh salads w/dressing Fresh fruit / light fruit cup Low fat or fat free milk	6) <b>Yummy fish sticks</b> Favorable mixed vegetables Land O'Lakes mac & cheese Tangy chickpea salad Fresh fruit / light fruit cup Low fat or fat free milk	7) <b>Tyson chicken nuggets</b> Seasoned herb rice Sweet corn niblets Assorted fresh vegetables bags Fresh fruit / light fruit cup Low fat or fat free milk	8) <b>Tony's French bread pizza</b> Oven roasted cauliflower House made vegetable soup Assorted fresh vegetables bags Fresh fruit / light fruit cup Low fat or fat free milk
<b>B</b>	11) <b>Corn dog on stick</b> Seasoned peas Cajun French fries Fresh broccoli cups Fresh fruit / light fruit cup Low fat or fat free milk	12) <b>Garlic cheese dunkers</b> Served with warm marinara sauce Enjoyable sweet corn Assorted fresh vegetables bags Fresh fruit / light fruit cup Low fat or fat free milk	13) <b>Taco Salad</b> Served with tortilla chips Lettuce, tomatoes, cheddar, salsa Refried beans w/cheese Fresh fruit / light fruit cup Low fat or fat free milk	14) <b>K-5 Half Day Parent Conference</b>	15) <b>K-12 NO SCHOOL Professional Development</b>
<b>A</b>	18) <b>Crispy pizza crunchers</b> Breaded crust w/sauce & mozzarella Italian green beans Assorted fresh vegetables bags Fresh fruit / light fruit cup Low fat or fat free milk	19) <b>Mickey Mouse grilled cheese</b> Seasoned mixed vegetables Campbell's Tomato soup Assorted fresh vegetables bags Fresh fruit / light fruit cup Low fat or fat free milk	20) <b>Turkey wraps (BLT)</b> Bacon, lettuce, tomatoes Crispy dill pickles Tasty four bean salad Fresh fruit / light fruit cup Low fat or fat free milk	21) <b>Tyson chicken nuggets</b> Healthy brown rice Sunny carrot coins Tossed salads w/dressing Fresh fruit / light fruit cup Low fat or fat free milk	22) <b>Tony's personal pan pizza</b> Seasoned sweet corn Fresh cauliflower cups Assorted fresh vegetables bags Fresh fruit / light fruit cup Low fat or fat free milk
<b>B</b>	25) <b>Cheesy mozzarella sticks</b> Served with warm marinara sauce Glazed carrot coins/Steamed broccoli Tossed salads w/dressing Fresh fruit / light fruit cup Low fat or fat free milk	26) <b>Breakfast for Lunch</b> French toast sticks (3) Savory sausage links (2) Sweet potato nuggets Fresh fruit / light fruit cup Low fat or fat free milk	27) <b>Hamburger/cheeseburger</b> Served on warm whole grain bun Seasoned sweet corn niblets Zesty chickpea salad Fresh fruit / light fruit cup Low fat or fat free milk	28) <b>Tyson popcorn chicken</b> Penne pasta with garlic & oil Green bean medley Fresh cauliflower cups Fresh fruit / light fruit cup Low fat or fat free milk	29) <b>Tony's stuffed crust pizza</b> Tasty mixed vegetables House made vegetable soup Assorted fresh vegetables bags Fresh fruit / light fruit cup Low fat or fat free milk

**\*\*\*\*LUNCH PRICE \*\*\*\***  
Breakfast price **\$1.75** daily  
Lunch price **\$3.00 daily**  
Reduced price meals:  
Lunch \$.25 daily - Breakfast \$.25 daily

**SNACK PRICES**  
(CHOICES MAY VARY AT INDIVIDUAL SCHOOLS)  
Assorted Yogurt **\$.75**  
Cookie **\$.60**  
Ice Cream **\$.85**  
Juice Cup **\$.60**  
Water **\$.75**

**GRAB N GO BREAKFAST**  
*All meals include:  
Fresh fruit, 100% juice  
Low fat or fat free milk*  
**Mon.-** Mini pancakes (maple or strawberry)  
**Tues.-** Warm whole grain Bagel  
**Wed.-** Soft Muffin (blueberry or apple cinn.)  
**Thurs-** Waffles (maple or blueberry)  
**Fri.-** Pillsbury bagels w/cream cheese filling  
*Available daily: cereal bars, pop tarts, cereal, yogurt*

**DAILY ALTERNATIVE LUNCH**  
Fresh salad with choice of topping, breadstick & dressing **OR**  
Monday---Tuna salad sandwich  
Tuesday---Turkey w/lettuce sandwich  
Wednesday----Bologna & cheese sandwich  
Thursday--PB&J uncrustable  
Friday----Ham & cheese sandwich  
Including vegetable, fruit & milk

**A la carte milk \$.60 A la carte fruit or veggies \$.80**

*All meals meet the Whole Grain requirements*

