

GRADE K-5



EAST GREENBUSH ELEMENTARY SCHOOLS

APRIL

Menu: 2019

Writing Checks for School Lunch is
Ancient History?
Easily Pay for School Meals At
myschoolbucks.com

MENU SUBJECT TO CHANGE

	Monday	Tuesday	Wednesday	Thursday	Friday
A	1) Hot dog on whole grain roll Seasoned French fries Cowboy baked beans Assorted fresh vegetable bags Fresh fruit / light fruit cup Low fat or fat free milk	2) Crispy pizza crunchers Breaded crust w/sauce & mozzarella Steamed carrot coins Seasoned broccoli florets Fresh fruit / light fruit cup Low fat or fat free milk	3) Taco Salad Served with tortilla chips Lettuce, tomatoes, cheddar, salsa Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk	4) Tyson chicken nuggets Spanish rice Pizza green beans Assorted fresh vegetable bags Fresh fruit / light fruit cup Low fat or fat free milk	5) Baked fish fillet Served on warm whole grain roll Seasoned mixed vegetables House made vegetable soup Fresh fruit / light fruit cup Low fat or fat free milk
B	8) Chicka-Waff Sandwich Chicken patty served on waffles with side of honey mustard Seasoned peas & carrots Fresh fruit / light fruit cup Low fat or fat free milk	9) Yummy fish sticks Sweet potato fries Garden fresh salad w/dressing Assorted fresh vegetable bags Fresh fruit / light fruit cup Low fat or fat free milk	10) Turkey (BLT) wraps Bacon, lettuce, tomatoes Delicious four bean salad Little dill pickles Fresh fruit / light fruit cup Low fat or fat free milk	11) Tyson popcorn chicken Mashed potato w/gravy and roll Sweet corn niblets Assorted fresh vegetable bags Fresh fruit / light fruit cup Low fat or fat free milk	12) Tony's French bread pizza Seasoned green beans Campbell's Minestrone soup Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk
A	15) Macaroni & Cheese Seasoned mixed vegetables Tossed salad w/dressing Assorted fresh vegetable bags Fresh fruit / light fruit cup Low fat or fat free milk	16) Breakfast for Lunch French toast sticks (3) Savory sausage links (2) Sweet potato nuggets Fresh fruit / light fruit cup Low fat or fat free milk	17) Golden stuffed crust pizza Sweet corn niblets Oven baked beans Yummy pudding cups Fresh fruit / light fruit cup Low fat or fat free milk	18) NO SCHOOL SPRING RECESS 	19) NO SCHOOL SPRING RECESS 
	22) 	23) 	24)	25)	26) 
B	29) NO SCHOOL SPRING RECESS 	30) Garlic cheese dunkers Served with warm marinara sauce Seasoned green beans Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	GRAB N GO BREAKFAST <i>All meals include:</i> <i>Fresh fruit, 100% juice</i> <i>Low fat or fat free milk</i> Mon. - Mini pancakes (maple or strawberry) Tues. - Warm whole grain Bagel Wed. - Soft Muffin (blueberry or apple cinn.) Thurs. - Waffles (maple or blueberry) Fri. - Pillsbury bagels w/cream cheese filling <i>Available daily: cereal bars, poptarts, cereal, yogurt</i>	DAILY ALTERNATIVE LUNCH Fresh salad with choice of topping, breadstick & dressing OR Monday--Tuna salad sandwich Tuesday--Turkey w/lettuce sandwich Wednesday--Bologna & cheese sandwich Thursday -- PB&J uncrustables Friday--Ham & cheese sandwich Including vegetable, fruit & milk	

****LUNCH PRICE ****
Breakfast price \$1.75 daily
Lunch price \$3.00 daily

Reduced price meals:
Lunch \$.25 daily
Breakfast \$.25 daily



SNACK PRICES
(CHOICES MAY VARY
AT
INDIVIDUAL SCHOOLS)
Assorted Yogurt \$.75
Cookie \$.60
Ice Cream \$.85
Juice Cup \$.60
Water \$.75



All meals meet the Whole Grain requirements

A la carte milk \$.60
A la carte fruit or veggies \$.80

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