



# East Greenbush Elementary Schools



Writing Checks for School Lunch is Ancient History?  
Easily Pay for School Meals At  
myschoolbucks.com

Menu subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>A</b>	<b>3) Crispy chicken patty</b> Served on warm whole grain roll Steamed broccoli florets Assorted fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	<b>4) Cheesy mozzarella sticks</b> Served with warm marinara sauce Sunny carrot coins Tossed salads w/dressing Fresh fruit / light fruit cup Low fat or fat free milk	<b>5) Taco Salad</b> Served with tortilla chips Lettuce, tomatoes, cheddar, salsa Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>6) Tyson popcorn chicken</b> Vegetable rice pilaf California mixed medley Zesty chickpea salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>7) PICK A PIZZA DAY</b> Stuffed crust or Personal pan Garlic green beans Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk
<b>B</b>	<b>10) Garlic cheese dunkers</b> Served with warm marinara sauce Juicy corn niblets Assorted fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	<b>11) BBQ Meatballs</b> Seasoned brown rice Seasoned peas & carrots Fresh garden salad w/dressing Fresh fruit / light fruit cup Low fat or fat free milk	<b>12) Turkey subs</b> Bacon, lettuce, tomatoes Crispy dill pickles Marinated four bean salad Fresh fruit / light fruit cup Low fat or fat free milk	<b>13) Tyson chicken nuggets</b> Penne pasta w/garlic and oil Steamed broccoli florets Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	<b>14) K - 8 Early dismissal NO LUNCH SERVED</b>
<b>A</b>	<b>17) Breakfast for Lunch</b> French toast sticks (3) Savory sausage links (2) Sweet potato nuggets Fresh fruit / light fruit cup Low fat or fat free milk	<b>18) Corn dog on stick</b> Oven baked beans Garden fresh salad w/dressing Assorted fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	<b>19) Hamburger or cheeseburger</b> Served on whole grain bun Golden smile fries Garlic & herb broccoli florets Fresh fruit / light fruit cup Low fat or fat free milk	<b>20) Tyson chicken nuggets</b> Rainbow pasta salad Seasoned carrot coins Assorted fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	<b>21) K - 8 Early dismissal NO LUNCH SERVED</b>
<b>B</b>	<b>24) Yummy fish sticks</b> Cowboy baked beans Sweet peas Assorted fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	<b>25) Tony's French bread pizza</b> Delicious corn niblets Fresh broccoli floret cups Assorted fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	<b>26) K - 8 Early dismissal Last Day of School</b>	<b>27) Superintendent's Conference Days NO STUDENTS</b>	

**Breakfast price \$1.75 daily**  
**Lunch price \$3.00 daily**  
**Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily**

**A la carte milk \$.60 | A la carte fruit or veggies \$.80**



**SNACK PRICES**  
(CHOICES MAY VARY AT  
INDIVIDUAL SCHOOLS)  
Assorted Yogurt \$.75  
Cookie \$.60  
Ice Cream \$.85  
Juice Cup \$.60  
Water \$.75



**GRAB N GO BREAKFAST**  
All meals include:  
Fresh fruit, 100% juice  
Low fat or fat free milk

**Mon.-** Mini pancakes (maple or strawberry)  
**Tues.-** Warm whole grain Bagel  
**Wed.-** Soft Muffin/Blueberry or apple cinn.  
**Thurs-** Maple or blueberry waffles  
**Fri.-** Pillsbury bagels w/cream cheese filling

**Available daily: cereal bars, pop tarts, cereal, yogurt**



**DAILY ALTERNATIVE LUNCH**  
Fresh salad with choice of topping,  
breadstick & dressing  
**OR**  
Monday---Tuna salad sandwich  
Tuesday---Turkey w/lettuce sandwich  
Wednesday---Bologna & cheese sandwich  
Thursday---PB&J uncrustable  
Friday---Ham & cheese sandwich  
Including vegetable, fruit & milk



All meals meet the Whole Grain requirements



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