


**Summer**

# Goff Middle School

## JUNE


[mySchoolBucks.com](http://mySchoolBucks.com)

Monday	Tuesday	Wednesday	Thursday	Friday
3) Tyson chicken patty parm. Served on warm wheat roll Crunchy four bean salad Fresh veggie bags Fresh fruit / light fruit cup Low fat or fat free milk	4) Meatballs and sauce Served on wheat roll Fresh romaine garden salads Steamed sweet carrots Fresh fruit / light fruit cup Low fat or fat free milk	5) Hamburger/cheeseburger Served on warm wheat roll Steamed garden peas Crunchy tater tots Fresh fruit / light fruit cup Low fat or fat free milk	6) Tyson chicken nuggets Garden pasta salad Tomato mozzarella salad Seasoned sweet corn Fresh fruit / light fruit cup Low fat or fat free milk	7) Cheese/pepperoni pizza Homemade on whole grain crust Fresh broccoli with ranch dsg. Steamed mixed vegetables Fresh fruit/light fruit cup Lowfat or fat free milk
10) Hotdog on wheat roll Housemade coleslaw Ruffles potato chips/pickles Oven baked beans Fresh fruit / light fruit cup Low fat or fat free milk	11) Pizza crunchers with sauce Served with warm marinara sauce Creamy cucumber salad Steamed seasoned carrots Fresh fruit / light fruit cup Low fat or fat free milk	12) Taco salad day!! Lettuce, tomato, cheese and salsa Served on warm tortilla chips Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk	13) Turkey,cheese,lettuce wrap Served on whole grain wrap Creamy macaroni salad Fresh garden salads Fresh fruit / light fruit cup Low fat or fat free milk	14)  <b>K - 8</b> <b>Early dismissal</b> <b>NO LUNCH SERVED</b>
17) Buffalo style meatballs Served with warm breadstick Creamy coleslaw Delicious chick pea salad Fresh fruit / light fruit cup Low fat or fat free milk	18) Garlic and oil pizza dunkers Served with marinara sauce Steamed mixed vegetables Fresh veggie bags Fresh fruit/light fruit cup Low fat or fat free milk	19) Hamburger/cheeseburger Served on soft wheat roll Garden pasta salad Steamed broccoli Fresh fruit/light fruit cup Low fat or fat free milk	20) Stuffed crust pizza Served on whole grain crust Steamed green beans Delicious veggie bags Fresh fruit/light fruit cup Low fat or fat free milk	21)  <b>K - 8</b> <b>Early dismissal</b> <b>NO LUNCH SERVED</b>
24)  <b>COOKS CHOICE</b>	25)  <b>COOKS CHOICE</b>	26)  <b>LAST DAY OF SCHOOL K-8 Early Dismissal</b>	27)  	28)  

Breakfast price **\$1.75** daily**Lunch price \$3.25 daily**

Reduced price meals: Lunch \$.25 daily - Breakfast \$.25 daily

**A la carte milk \$.60 | A la carte fruit or veggies \$.80**

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER &amp; EMPLOYER..

All meals meet the Whole Grain requirements

DAILY ENTREE ALTERNATIVE  
LUNCH

Fresh salad with choice of topping, roll &amp; dressing

**OR**

- Monday--Tuna salad sandwich
- Tuesday--Turkey w/lettuce sandwich
- Wednesday--Bologna & cheese sandwich
- Thursday--PB&J uncrustable
- Friday--Ham & cheese sandwich
- Including vegetable, fruit & milk

**Breakfast Kiosk**

Cereal bars OR Whole grain Pop Tarts

Yogurt \ Fresh fruit

1% OR fat free milk

100% fruit juice

Students may choose 1 grain, fresh fruit, juice &amp; milk

All meals meets Child Nutrition guidelines

Menu subject to change