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Monday	Tuesday	Wednesday	Thursday	Friday
				1) Tony's French Bread Pizza Choice of Cheese or Pepperoni Sweet carrots Steamed broccoli florets Fresh fruit / light fruit cup Low fat or fat free milk
4) Tyson Popcorn Chicken Herb rice pilaf Tomato romaine salad Mrs. Dash green beans Fresh fruit / light fruit cup Low fat or fat free milk	5) NO SCHOOL Staff Professional Development	6) Taco Salad Served w/ tortilla chips Lettuce, tomato, cheddar, salsa Cheesy refried beans Fresh fruit / light fruit cup Low fat or fat free milk	7) Corn Dogs Sweet potato wedges Seasoned carrots & peas New England clam chowder Fresh fruit / light fruit cup Low fat or fat free milk	8) Homemade Cheese Pizza Served on a wheat crust Italian mixed vegetables Fresh tossed salad Fresh fruit / light fruit cup Low fat or fat free milk
11 VETERANS DAY NO SCHOOL	12) Chicken Patty Parm Served on a wheat bun Fresh tossed salads Marinated four bean salad Fresh fruit / light fruit cup Low fat or fat free milk	13) Ham & Cheese Sub Served on a wheat hoagie Waffle cut fries Steamed broccoli florets Chef's homemade soup Low fat or fat free milk	14) Macaroni & Cheese Top w. Buffalo Popcorn Chicken Carrot & celery sticks w. 1oz ranch Italian seasoned mixed vegetables Fresh fruit / light fruit cup Low fat or fat free milk	15) Tony's Stuffed Crust Pizza Served with assorted toppings Steamed green beans Candied yams Fresh fruit / light fruit cup Low fat or fat free milk
18) Spicy Chicken Nachos Served w/ tortilla chips Lettuce, tomato, cheddar, salsa Black beans w. red pepper Fresh fruit / light fruit cup Low fat or fat free milk	19) Garlic Cheese Dunkers Served with marinara sauce Seasoned carrot coins Assorted tossed salads Fresh fruit / light fruit cup Low fat or fat free milk	20) Cheeseburger or Hamburger Served on a wheat bun Sweet corn & red pepper Marinated chickpea salad Fresh fruit / light fruit cup Low fat or fat free milk	21) Philly Cheese Steak Served on a wheat hoagie Sautéed onions, peppers & cheese Oven roasted cauliflower florets Fresh fruit / light fruit cup Low fat or fat free milk	22) Homemade Cheese Pizza Served on a wheat crust Seasoned sweet peas California mixed vegetables Fresh fruit / light fruit cup Low fat or fat free milk
25) Tyson Chicken Nuggets Herb stuffing w/ gravy Sweet corn niblets Marinated tomatoes with romaine Fresh fruit / light fruit cup Low fat or fat free milk	26) Buffalo or Pizza Crunchers Fresh vegetable cup Steamed green beans Campbell's Minestrone soup Fresh fruit / light fruit cup Low fat or fat free milk	27) NO SCHOOL		29) NO SCHOOL

Breakfast price \$2.25 daily
Lunch price \$3.25 daily
 Reduced price meals: Lunch \$.00 daily - Breakfast \$.00 daily

A la carte milk \$.60 | A la carte fruit or veggies \$.80

EVERYONE CAN HAVE BREAKFAST

French Toast Sticks w. Syrup
 Assorted Egg & cheese Sandwiches
 English Muffins / Bagels



DAILY ALTERNATIVE ENTREE CHOICES

- * **Made-to-order wraps**
- * **Fresh made salad with choice of topping, Breadstick & Dressing**
- * **Fresh made subs & wraps to "grab & go"**

All meals meet the Whole Grain requirements
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER.

Menu subject to change