

School Start Time Community Forum

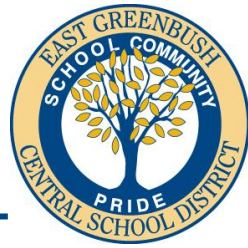
East Greenbush Central School District
November 2019

Why is EGCS D Considering a Change



- Research/National Movement Supporting Later Start Times for High School/Middle School
- Physical and Social Emotional Health (American Academy of Pediatrics)
- Student, Parent and Staff Concerns (CHS has Earliest Start Time in Capital Region)
- Other Suburban Council Districts Considering Change

Current School Times



School	Start Time	End Time
Columbia High School	7:10 am	2:03 pm
Goff Middle School	7:40 am	2:40 pm
Elementary Schools*	9:00 am	3:30 pm

*Genet Elementary School (8:40 am - 3:10 pm)



Suburban Council School Start Times

HIGH SCHOOL	Start Time	End Time	MIDDLE SCHOOL	Start Time	End Time	ELEMENTARY SCHOOLS	Start Time	End Time
Columbia	7:10	2:03	Goff Middle School	7:40	2:40	East Greenbush CSD	9:00	3:30
Ballston Spa	7:26	2:23	Ballston Spa	7:30	2:23	Ballston Spa	9:00	3:25
Colonie Central	7:26	2:05	South Colonie	8:10	2:46	South Colonie	9:16	3:25
Averill Park	7:30	2:10	Averill Park	7:45	2:25	Averill Park	8:45	3:25
Guilderland	7:30	2:25	Guilderland	8:45	3:25	Guilderland	7:50	2:05
Shaker	7:34	2:17	North Colonie	7:34	2:17	North Colonie	8:50	3:00
Bethlehem	7:35	2:07	Bethlehem	8:00	2:50	Bethlehem	9:10	3:20
Mohonasen	7:38	2:11	Mohonasen	7:36	2:10	Mohonasen	8:20	2:50
Scotia-Glenville	7:38	2:29	Scotia-Glenville	7:40	2:20	Scotia-Glenville	8:35	3:05
Niskayuna	7:40	2:45	Niskayuna	8:45	3:15	Niskayuna	7:55	2:10
Shenendehowa	7:40	2:40	Shenendehowa	8:55	3:35	Shenendehowa	8:00	2:15
Saratoga	7:49	2:30	Saratoga	7:50	2:20	Saratoga	9:20	3:20
Burnt Hills-Ballston Lake	7:50	2:18	Burnt Hills-Ballston Lake	7:45	2:25	Burnt Hills-Ballston Lake	8:45	2:56
Albany	7:55	2:50	Albany	8:00	3:00	Albany	8:30	3:35
Schenectady	8:30	3:30	Schenectady	8:30	3:30	Schenectady	8:00	2:15
Troy	8:30	3:15	Troy	8:30	3:15	Troy	7:30	2:05



School Start Time Committee

- Committee of Staff, Parents, Students, Admin and Board
- Formed September 2018
- Study of Issues Involved
 - Research
 - SED Attendance Requirements
 - Academics/Instructional Program-GPA and Regents Results
 - Busing
 - Athletics and Other Extracurricular Activities
 - Budget/Finance
 - Childcare
 - ***Family and Community Impact***



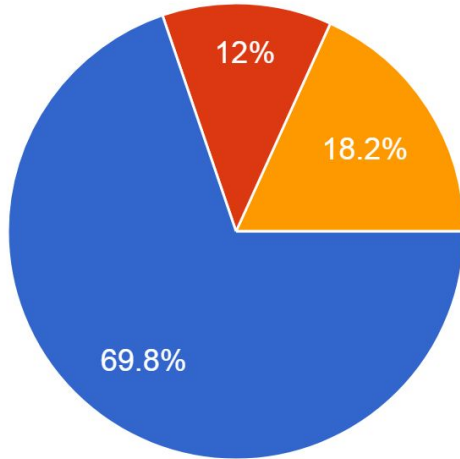
School Start Time Survey

- Three separate surveys open December 3-21, 2018
 - K-12 Parents (1,127 responses)
 - Columbia High School students (319 responses)
 - East Greenbush CSD staff (263 responses)
- Survey addressed the impact on various topics
 - Start/Dismissal times for K-5, 6-8 and 9-12
 - Busing Routes
 - Athletics and Clubs/Activities
 - Childcare
 - School District Budget
 - K-12 Instructional Program

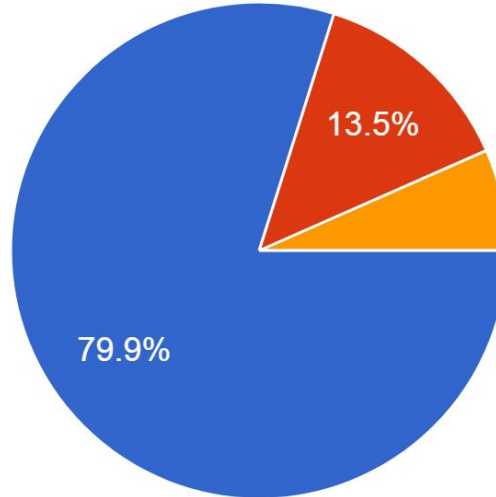
Later High School Start Time



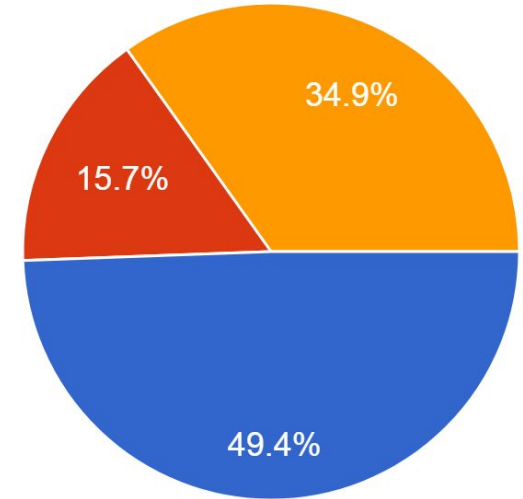
Parent



Student



Staff

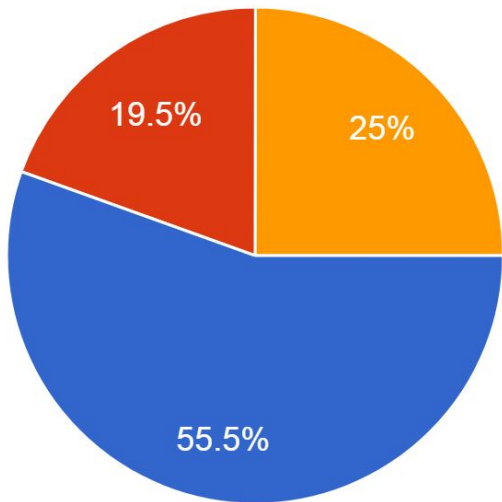


- Positive Impact
- Negative Impact
- UNSURE

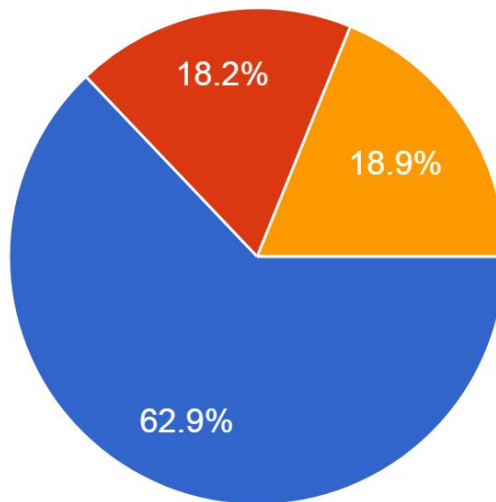


Later Middle School Start Time

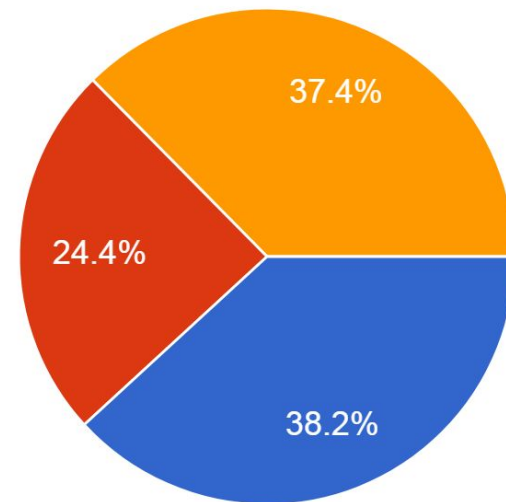
Parent



Student



Staff

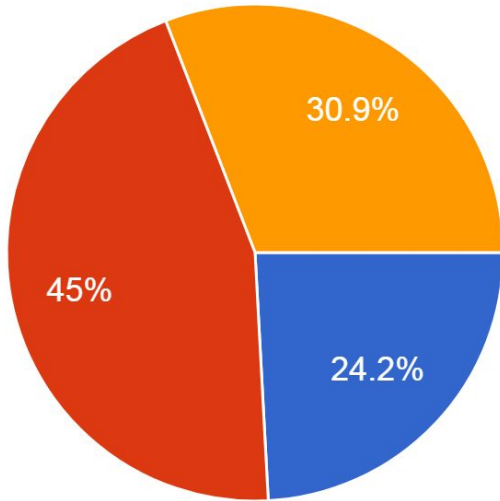


- Positive Impact
- Negative Impact
- UNSURE

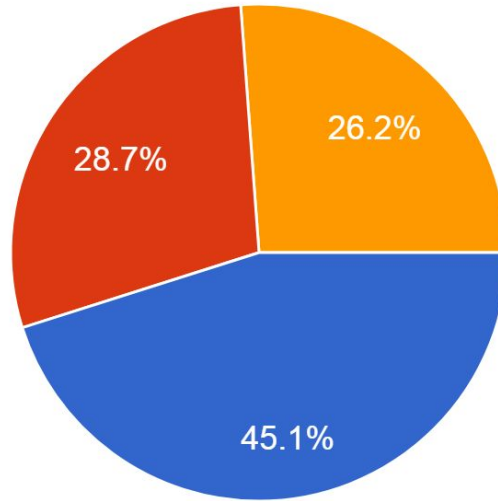
Later Elementary School Start Time



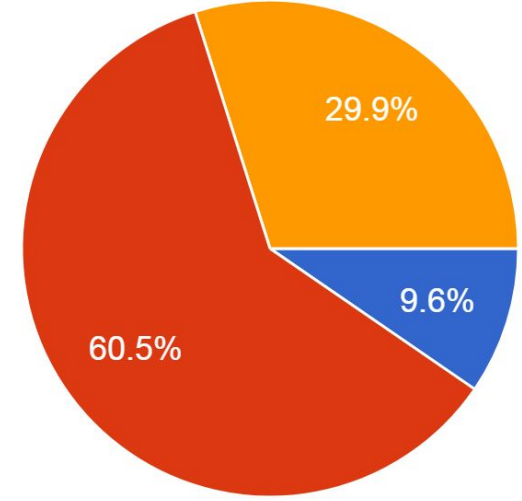
Parent



Student



Staff

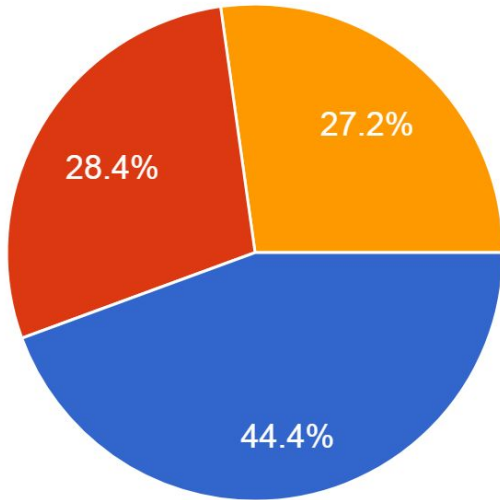


- Positive Impact
- Negative Impact
- UNSURE

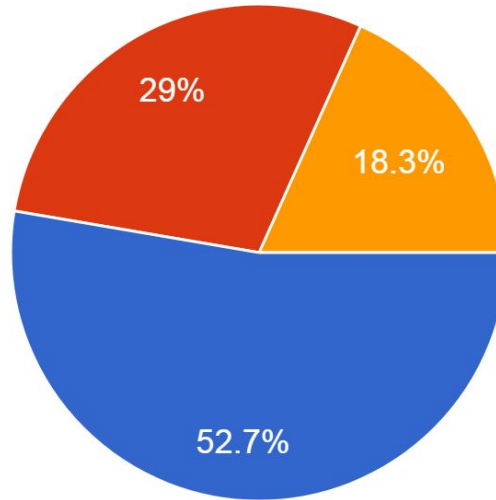
Earlier Elementary School Start Time



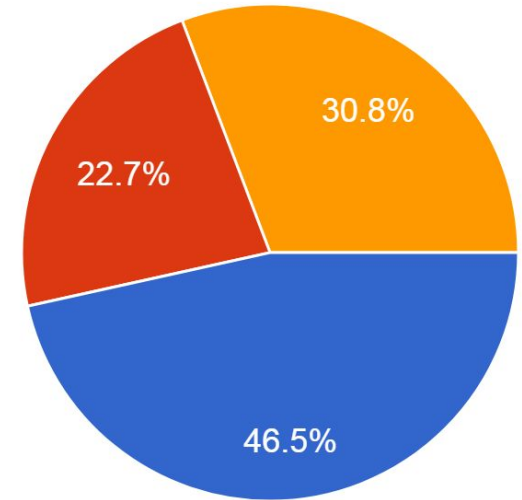
Parent



Student

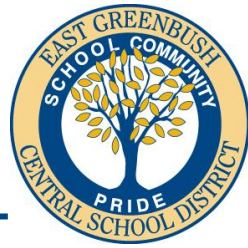


Staff



- Positive Impact
- Negative Impact
- UNSURE

Committee Conclusion



- Need More Information
- Check In with the Community
- Share Specific Proposal(s)



Impact on Student Achievement

Course GPA by Period (2015-19)

Period	1	2	3	4	5	6	7	8
GPA	82.35	82.59	82.66	83.18	83.26	83.07	82.79	83.36

Regents Exam GPA by Period (2015-19)

Period	1	2	3	4	5	6	7	8
GPA	75.35	79.15	79.66	81.35	82.22	83.84	83.23	82.65

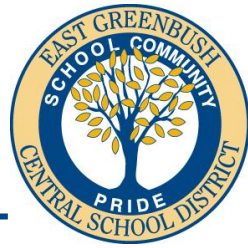


Impact on Student Tardiness

Tardiness Data (2015-19)

School Year	Total	Tardy	Unexcused Tardy
2015-16	18,081	2,755	15,326
2016-17	24,263	2,644	21,618
2017-18	18,017	2,626	15,390
2018-19	17,043	2,856	14,187

Potential Benefits of Earlier Elementary Start Time



- Younger Students are Up Earlier
- Morning Provides “Prime Time” for Core Instruction
- Students with Later Lunches Seem Tired in the Afternoon
- After-School Enrichment Clubs
- Limited Study/Inconclusive Research



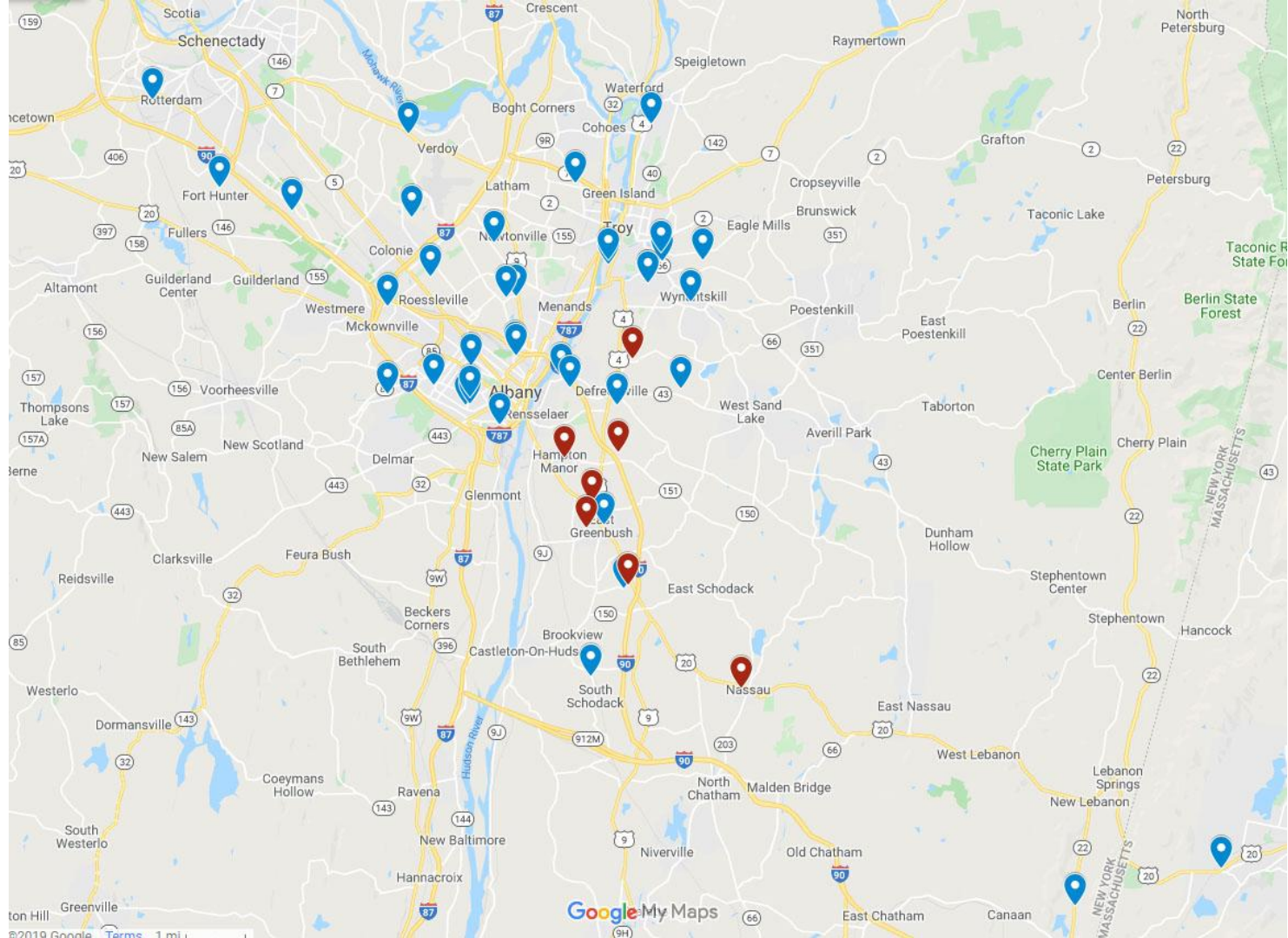
Athletics and Extracurriculars

- Start Times and Locations for Games and Practices
- Coordination with Other Suburban Council Districts
- Travel Distances (Saratoga, Burnt Hills, Ballston Spa)
- Impact of Later Dismissal Times on Game/Club/Work Start Times
- Later Return Times, Homework, Bedtimes
- High School and Middle School Before School Options/Elementary After-School Options
- Before School Options, Survey Split- $\frac{1}{3}$ Positive, $\frac{1}{3}$ Negative, $\frac{1}{3}$ Unsure

Busing



- One of the Biggest Factors in Considering a Change to School Start Times
 - 76.6 Square Miles
 - 4,500 Students
 - 50 locations (District Schools, Private/Parochial/Charters, Special Education, McKinney-Vento)
 - 85 Buses on Road/Day, 103 in Fleet, Inspection and Maintenance Requirements





Busing Questions

- Can the school district SAFELY and COST EFFECTIVELY reorganize its busing system to support alternatives which will facilitate a later school start time for CHS?
- Can a change in the busing system be made without impacting other schools within the district?





Two-Tiered vs. Three-Tiered System

- Consultant's Report
 - Two-Tiered System
 - Increases the Number of Buses Required
 - Increases the Number of Students on Buses (crowded)
 - Increases Length of Bus Routes and Ride Times for Students
- Survey
 - 68.6% of parents surveyed are either unsure or feel combining middle school students with high school students on buses would have a negative impact
 - 55.2% of parents surveyed feel that elementary students riding the same buses with middle school students would likely have a negative impact
- Considering all factors, the district needs to maintain a three-tiered busing system



Impact on Childcare

- More than 90% of parents surveyed said they do not rely on their high school age children to provide after-school supervision to their elementary age or middle school age children.
- 52% of parents surveyed said they were UNSURE if an earlier start and dismissal time at the elementary school level would have a positive or negative impact on their before or after school childcare arrangements.

Impact on Childcare



- District Lease Agreement with Greenbush Childcare
- Programs in Each School, K-8
- Flexibility to Adjust Times
- Driven By Enrollment and Staffing



Impact on Childcare

	2019-20				
School	Before School GCC	After School GCC	School Enrollment	Percent in Before School GCC	Percent in After School GCC
Bell Top	60	53	321	18.6	16.5
DPS	25	25	293	8.5	8.5
Genet	31	46	430	7.2	10.6
Goff		12	934		1.2
Green Meadow	65	68	380	17.1	17.8
Red Mill	41	46	417	9.8	11.0



Impact on School Budget/Operations

- State Aid Trends-Revenue Shortfalls
- Property Tax Cap
- Bus Reserve Funds Used for Planned Bus Purchases, Increases Budget and No Drivers Available
- Finite Resources: Remember if We Put Something Into the Budget, Something Has to Come Out
- Survey: “Don’t Do it, If It Reduces Programs for Kids!”
- 40.9% of Parents: Change in School Start/Dismissal Times Not Worth Additional Tax Increases
- 48.3% of Staff: Change in School Start/Dismissal Times Not Worth Additional Tax Increases

Most Important Consideration



Is this good for our children?

Proposal for Consideration/Comment



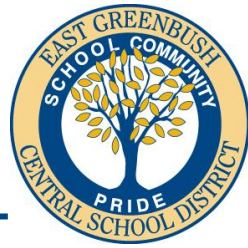
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Elementary Schools	7:30 am	2:00 pm
Columbia High School	8:15 am	3:08 pm
Goff Middle School	8:45 am	3:45 pm



School Start Time Proposal

- Many Factors Would Remain the Same
 - School Programs/Services
 - Instructional Time in Classroom
 - Number of Buses and Bus Drivers
 - Duration of Bus Rides
 - School Budget
- What Would Change?
 - Start/Dismissal Times for Each School
- Potential Opportunities
 - Before/After School Clubs
 - Enrichment Programs

Discussion Groups



- Positive or Negative Impact?
- Concerns or Ideas?
- Suggestions for the Committee's Considerations?

Q&A



- What were some key concerns discussed in your group?
- What issues should be given more consideration?
- What ideas or suggestions were raised in your discussions?