



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1) WINTER RECESS</p> <p>NO SCHOOL</p>	<p>2) General Tso Chicken Served w. vegetable fried rice Sliced carrots Marinated tomatoes Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>3) Tony's Stuffed Crust Pizza Cheese or Pepperoni Zesty cucumber salad Steamed broccoli florets Fresh fruit / light fruit cup Low fat or fat free milk</p>
<p>6) Toasted Cheese Sandwich Served on wheat bread Campbell's Tomato soup Fresh tossed salads Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>7) Tyson's Chicken Nuggets Herbed rice pilaf Fresh vegetable cup Seasoned green beans Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>8) Taco Salad Served w/ tortilla chips Lettuce, tomato, cheddar, salsa Cheesy refried beans Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>9) Penne Pasta w. Meatballs Served w. warmed marinara sauce Italian vegetable medley Chef's choice soup Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>10) Breaded Fish Filet Sandwich Served on a wheat bun Sweet potato fries Homemade coleslaw Fresh fruit / light fruit cup Low fat or fat free milk</p>
<p>13) Hot Dog w. Meat Sauce Served on a wheat bun Served w. french fries Bush's baked beans Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>14) Cheeseburger or Hamburger Served on a wheat bun Macaroni salad, pickles & chips Seasoned green beans Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>15) Garlic Cheese Dunkers Served w. marinara sauce Steamed broccoli florets Marinated chickpea salad Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>16) Salsa Grilled Chicken Breast Served with tortilla chips & cheddar Sweet sliced carrots Confetti corn salad Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>17) Cheesy French Bread Pizza Cheese or Pepperoni California mixed vegetables Seasoned corn Fresh fruit / light fruit cup Low fat or fat free milk</p>
<p>20) Martin Luther King Jr. Day</p> <p>NO SCHOOL</p>	<p>21) REGENTS</p> <p>COOKS CHOICE</p>	<p>22) REGENTS</p> <p>COOKS CHOICE</p>	<p>23) REGENTS</p> <p>COOKS CHOICE</p>	<p>24) REGENTS</p> <p>COOKS CHOICE</p>
<p>27) Plain or Spicy Chicken Patty Served on a wheat bun Sweet peas & carrots Bodacious broccoli salad Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>28) Breaded Mozzarella Sticks Served w. marinara sauce Buffalo cauliflower florets Marinated tomato & mozzarella Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>29) Breakfast for Lunch French toast sticks w. syrup Sausage links Sweet potato waffle fries Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>30) Yummy Corn Dogs Bush's baked beans Carrot & celery sticks w. 1oz ranch Minestrone soup Fresh fruit / light fruit cup Low fat or fat free milk</p>	<p>31) Homemade Cheese Pizza Served on a wheat crust Choice of cheese or buffalo Seasoned California mix vegetable Fresh fruit / light fruit cup Low fat or fat free milk</p>

Breakfast price \$2.25 daily
Lunch price \$3.25 daily

A la carte milk \$.60 | A la carte fruit or veggies \$.80

All meals meet the Whole Grain requirements

Menu subject to change



EVERYONE CAN HAVE BREAKFAST

French Toast Sticks w. Syrup
Assorted Egg & cheese
Sandwiches
English Muffins / Bagels
Milk/Fruit/Juice

DAILY ALTERNATIVE ENTREE CHOICES

- * **Made-to-order wraps**
- * **Fresh made salad with choice of topping, Breadstick & Dressing**
- * **Fresh made subs &**