



East Greenbush Elementary Schools

FEBRUARY



Writing Checks for School Lunch is Ancient History?
Easily Pay for School Meals At
myschoolbucks.com

Menu subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday
B	3) Yummy pizza dunkers Served with warm marinara Seasoned green beans Always fresh veggie cups Fresh fruit / light fruit cup Low fat or fat free milk	4) Golden chicken patty Served on whole grain bun Marinated chickpea salad Sunny carrot coins Fresh fruit / light fruit cup Low fat or fat free milk	5) Hamburger or cheeseburger Served on a warm bun Fun smile fries Garden tossed salad Fresh fruit / light fruit cup Low fat or fat free milk	6) Crispy popcorn chicken Side of macaroni & cheese Colorful mixed vegetables Good for you veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	7) K-12 Half Day Professional Development Day
A	10) Perfect mozzarella sticks Served with marinara sauce Steamed sweet peas Warm cinnamon apple sauce Fresh fruit / light fruit cup Low fat or fat free milk	11) Oven baked toasted cheese Creamy Campbell's tomato soup Steamed California mixed vegetables Good for you veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	12) Hurray taco salad! Lettuce, tomato, salsa, cheddar Served on warm Tostito chips Cheesy refried beans Fresh fruit / light fruit cup Low fat or fat free milk	13) Sticks and Stones Chicken nuggets w/biscuit sticks Served together in a boat Seasoned carrots Fresh fruit / light fruit cup Low fat or fat free milk	14) Sweetheart French bread pizza  Cheese or pepperoni Steamed broccoli Festive pudding cups Fresh fruit / light fruit cup Low fat or fat free milk
	17) 	18) Winter Recess 	19) No School 	20) No School 	21) 
B	24) Personal pan pizza Garden tossed salad Seasoned green beans Good for you veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	25) Hot diggity dog on a bun Cowboy baked beans Dill pickles & potato chips Good for you veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	26) Meatballs & pasta Served with parmesan cheese Broccoli & cauliflower blend Good for you veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	27) Popcorn chicken bowl Whipped potatoes & gravy Golden sweet corn/ bread stick Good for you veggie cup Fresh fruit / light fruit cup Low fat or fat free milk	28) Tony's stuffed crust pizza Homemade chicken soup Sunny carrot coins Good for you veggie cup Fresh fruit / light fruit cup Low fat or fat free milk

DAILY ALTERNATIVE LUNCH

Fresh salad with choice of topping, breadstick & dressing

OR

- Monday---Tuna salad sandwich
- Tuesday---Turkey w/lettuce sandwich
- Wednesday---Bologna & cheese sandwich
- Thursday---PB&J uncrustable
- Friday---Ham & cheese sandwich
- Including vegetable, fruit & milk

SNACK PRICES
(CHOICES MAY VARY AT INDIVIDUAL SCHOOLS)
Assorted Yogurt **\$.75**
Cookie **\$.60**
Ice Cream **\$1.00**
Chips **\$1.00**
Juice Cup **\$.60**
Water **\$.75**



******LUNCH PRICE******
Breakfast price \$1.75 daily
Lunch price \$3.00 daily

Reduced price meals:
Lunch \$.0 daily - Breakfast \$.0 daily

GRAB N GO BREAKFAST

- All meals include:
Fresh fruit, 100% juice
Low fat or fat free milk
- Mon.-** Mini pancakes (maple or strawberry)
 - Tues.-** Warm whole grain Bagel
 - Wed.-** Soft Muffin/Blueberry or Apple cinn.
 - Thurs-** Maple or Blueberry waffles
 - Fri.-** Pillsbury bagels w/ cream cheese filling
- Available daily: cereal bars pop tarts, bowl of cereal, yogurt*



A la carte milk \$.60
A la carte fruit or veggies \$.80

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER.



All meals meet the Whole Grain requirements



FRESH ~ DELICIOUS ~ NUTRITIOUS