

Daily alternative entree choice: variety of subs, wraps, sandwiches and fresh salads



[mySchoolBucks.com](http://mySchoolBucks.com)

Monday

Tuesday

Wednesday

Thursday

Friday



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| <p><b>2) Land O' Lakes Mac &amp; Cheese Topped w/ Buffalo Chicken</b><br/>Garden tossed salad<br/>Glazed carrots<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                        | <p><b>3) Cheeseburger or Hamburger or Veggie Burger</b><br/>Served on a wheat bun<br/>Bush's baked beans<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                            | <p><b>4) Cheesy Baked Ziti</b><br/>Sweet corn niblets<br/>Creamy cucumber salad<br/>Campbell's Minestrone soup<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                             | <p><b>5) Tyson Grilled Chicken Breast</b><br/>Herb stuffing w/ gravy<br/>Mrs. Dash seasoned green beans<br/>Fresh Tomato &amp; Mozzarella salad<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p> | <p><b>6) Homemade Cheese Pizza</b><br/>Served with assorted toppings<br/>Roasted squash<br/>Steamed broccoli florets<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                 |
| <p><b>9) Tyson Chicken Patty Sandwich</b><br/>Choice of Plain or Spicy Patty<br/>Marinated chickpea salad<br/>Southwestern corn kernels<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p> | <p><b>10) Mozzarella Cheese Sticks</b><br/>Served w/ warmed marinara sauce<br/>Italian style green beams<br/>Assorted tossed salads<br/>Campbell's Bean w/ bacon soup<br/>Low fat or fat free milk</p> | <p><b>11) Taco Salad</b><br/>Served w/ tortilla chips<br/>Lettuce, tomato, cheddar, salsa<br/>Cheesy refried beans<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                         | <p><b>12) Potato Crusted Fish Sandwich</b><br/>Served on a warmed wheat bun<br/>Baked sweet potato fries<br/>New England Clam Chowder<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>           | <p><b>13) Tony's Stuffed Crust Pizza</b><br/>Steamed mixed vegetable medley<br/>Sliced carrot coins<br/>Homemade chicken noodle soup<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p> |
| <p><b>16) Toasted Cheese Sandwich</b><br/>Served on wheat bread<br/>Campbell's Creamy Tomato soup<br/>Steamed broccoli florets<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>          | <p><b>17) Traditional-Style Meatloaf</b><br/>Served w/ a honey biscuit<br/>Mashed potatoes<br/>Sweet cut corn<br/>Chef's choice soup<br/>Low fat or fat free milk</p>                                  | <p><b>18) Hot Dog or Corn Dog</b><br/>Seasoned french fries<br/>Bush's baked beans<br/>Bodacious broccoli florets<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                          | <p><b>19) Tyson Chicken Nuggets</b><br/>Herb rice pilaf<br/>Sweet carrots &amp; peas<br/>Fresh tossed salad<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                                     | <p><b>20) K-12 NO SCHOOL FULL DAY PROFESSIONAL DEVELOPMENT</b></p>  |
| <p><b>23) Cheesy Garlic Dunkers (3)</b><br/>Served w/ warmed marinara sauce<br/>Roasted squash<br/>Fresh garden tossed salads<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>           | <p><b>24) BBQ Rib Sandwich</b><br/>Waffle cut french fries<br/>Bush's baked beans<br/>Confetti corn salad<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                           | <p><b>25) Buffalo Cheese Crunchers</b><br/>Carrot &amp; celery sticks w/ 1oz ranch<br/>Seasoned green beans<br/>Campbell's Minestrone soup<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p> | <p><b>26) Diced Chicken Nachos</b><br/>Served w/ tortilla chips<br/>Lettuce, tomato, cheddar, salsa<br/>Black beans w/ red peppers<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>              | <p><b>27) Tony's French Bread Pizza</b><br/>Steamed broccoli florets<br/>Sliced carrot coins<br/>Chef's choice soup<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                  |
| <p><b>30) Marinated Meatball Sub</b><br/>Served on a wheat hoagie<br/>Marinated four bean salad<br/>Pizza green beans<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                   | <p><b>31) Orange Glazed Popcorn Chicken</b><br/>Vegetable rice pilaf<br/>Sweet cut corn<br/>Seasoned sweet peas<br/>Fresh fruit / light fruit cup<br/>Low fat or fat free milk</p>                     | <p><b>EVERYONE CAN HAVE BREAKFAST</b><br/>French Toast Sticks w. Syrup<br/>Assorted Egg &amp; cheese Sandwiches<br/>English Muffins / Bagels<br/>Milk/Fruit/Juice</p>   |  | <p><b><u>DAILY ALTERNATIVE ENTREE CHOICES</u></b></p> <p><b>* Made-to-order wraps</b></p> <p><b>* Fresh made salad with choice of topping, Breadstick &amp; Dressing</b></p>                            |

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER..

All meals meet the Whole Grain requirements

A la carte milk \$.60 | A la carte fruit or veggies \$.80

Menu subject to change

**Breakfast price \$2.25 daily**  
**Lunch price \$3.25 daily**  
Reduced price meals: Lunch \$.00 daily - Breakfast \$.00 daily

