

MARCH 2020



MARCH




Grade K - 5

Writing Checks for School Lunch is Ancient History?
Easily Pay for School Meals At myschoolbucks.com

East Greenbush Elementary Schools

Menu subject to change

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|--|
| A | 2) Golden chicken patty melt On warm bun with Am. Cheese California mixed veggies Creamy tomato soup Fresh fruit / light fruit cup Low fat or fat free milk | 3) Crispy mozzarella sticks Served with warm marinara sauce Sunny sweet corn Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk | 4) Hamburger or cheeseburger Happy smile fries Bush's baked beans Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk | 5) Tyson popcorn chicken Side of mac & cheese Pizza green beans Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk | 6) Tony's personal pan pizza Garden tossed salad w/dressing Sunny carrot coins Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk |
| B | 9) Yummy corn dog on a stick Steamy vegetable soup Sweet baked beans Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk | 10) Breakfast for lunch!! French toast sticks, sausage links Sweet potato fries Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk | 11) Oh Boy it's Taco Salad! Lettuce, tomato, cheese, salsa Served on warm corn chips Corn confetti salad Fresh fruit / light fruit cup Low fat or fat free milk | 12) K-5 Half Day Parent Conference  | 13) Fabulous French bread pizza Served on a whole grain crust Steamed broccoli Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk |
| A | 16) Crispy pizza crunchers Breaded crust with sauce & cheese inside Garden tossed salad w/dressing Seasoned corn & red peppers Fresh fruit / light fruit cup Low fat or fat free milk | 17) Land O Lakes mac & cheese Whole grain pasta/creamy cheese sauce Seasoned peas & carrots Tasty four bean salad Fresh fruit / light fruit cup Low fat or fat free milk | 18) Hamburger or cheeseburger Seasoned French fries Steamed green beans Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk | 19) Sticks n Stones Chicken nuggets w/biscuit sticks Sunny sweet carrots Campbell's minestrone soup Fresh fruit / light fruit cup Low fat or fat free milk | 20) K-12 NO SCHOOL Professional Development |
| B | 23) Tyson Chicken patty on bun Served with lettuce & tomato Marinated chickpea salad Steamed broccoli Fresh fruit / light fruit cup Low fat or fat free milk | 24) Crunchy fish sticks Served with a side of mac & cheese Sunny carrot coins Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk | 25) Meatball madness Twisty pasta with sauce & meatballs Parmesan cheese/green beans Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk | 26) Golden chicken nuggets Uncle Ben's whole grain rice California mix veggies Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk | 27) Awesome stuffed crust pizza Homemade chicken veg. soup Warm applesauce Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk |
| A | 30) Hot diggity dog Served on warm bun Bush's baked beans Pickles and potato chips Fresh fruit / light fruit cup Low fat or fat free milk | 31) Oven toasted cheese Seasoned green beans Creamy tomato soup Fresh veggie cup Fresh fruit / light fruit cup Low fat or fat free milk | <div data-bbox="1037 1094 1352 1125" data-label="Section-Header"> <p><u>GRAB N GO BREAKFAST</u></p> </div> <div data-bbox="1092 1125 1299 1198" data-label="Text"> <p>All meals include: Fresh fruit, 100% juice Low fat or fat free milk</p> </div> <div data-bbox="978 1196 1413 1227" data-label="Text"> <p>Mon.- Mini pancakes (maple or strawberry)</p> </div> <div data-bbox="1031 1226 1358 1253" data-label="Text"> <p>Tues.- Warm whole grain Bagel</p> </div> <div data-bbox="972 1252 1419 1281" data-label="Text"> <p>Wed.- Soft Muffin (blueberry or apple cinn.)</p> </div> <div data-bbox="1010 1279 1377 1308" data-label="Text"> <p>Thurs- Waffles (blueberry or maple)</p> </div> <div data-bbox="972 1307 1419 1334" data-label="Text"> <p>Fri.- Pillsbury bagels w/cream cheese filling</p> </div> <div data-bbox="930 1333 1457 1362" data-label="Text"> <p>Available daily: cereal bars, pop tarts, cereal, yogurt</p> </div> | | |

******LUNCH PRICE******
Breakfast price **\$1.75** daily
Lunch price **\$3.00** daily
Reduced price meals:
Lunch \$.0 daily - Breakfast \$.0 daily

SNACK PRICES
(CHOICES MAY VARY AT INDIVIDUAL SCHOOLS)
Assorted Yogurt **\$.75**
Cookie **\$.60**
Ice Cream **\$1.00**
Chips **\$1.00**
Juice Cup **\$.60**
Water **\$.75**

DAILY ALTERNATIVE LUNCH
Fresh salad with choice of topping, breadstick & dressing **OR**
Monday---Tuna salad sandwich
Tuesday---Turkey w/lettuce sandwich
Wednesday----Bologna & cheese sandwich
Thursday--PB&J uncrustable
Friday----Ham & cheese sandwich
Including vegetable, fruit & milk

A la carte milk \$.60 A la carte fruit or veggies \$.80

All meals meet the Whole Grain requirements



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