

Columbia Boys Lacrosse Tryouts and Practices



All athletes that are trying out for JV or Varsity lacrosse will have tryouts in the same area at the same time for the first week of practice - Starting March 9th.

Tryouts will be from Monday, March 9th to Wednesday, March 11th. After this, our coaches will select players for each level. We will announce these teams in the Team Room on Thursday, March 12th, before practice. If necessary, cuts will also be made at this time.

After the selection has been made, we will continue to practice in the same area, at the same time, whether it be in the gym or on the turf, until our grass fields are ready. After that, JV and Varsity will mostly have separate practice areas and times.

As a participant in our program you are required to wear a gray undershirt, black shorts and your assigned pinnie. If the weather is too cold, suitable garment is a must, regardless of color. Stay safe and warm.

If we have outdoor practice, we will be on the turf together from 4 -6pm each weekday. Saturday's will vary but mostly be from 10:30- 12:30.

If we have indoor practices, the schedule is as follows...

Week 1 -

*Monday 3/9 - Friday 3/13: **5-7pm** in the High School Gym*

*Saturday 3/14: **11:30am - 1:30pm** in the High School Gym*

Week 2 -

*Monday 3/16 - Friday 3/20: **7-9pm** in the High School Gym*

*Saturday 3/21 - **10:00 - 2:00**: Varsity 3 way Scrimmage on turf against Shenendehowa, Saratoga and Arlington (West Chester).*

Week 3 -

*Monday 3/23 - Friday 3/27: **5-7pm** in the High School Gym*

*Saturday 3/28 - Varsity Game **12:00 - 2:00** @ Minisink Valley.*

Meet the coaches night is on Monday 3/23 at 7:00pm in the auditorium.

All times and locations are subject to change.

*If you have any questions please direct them to Coach Sherwin - sherwingr@egcsd.org
#together #PT10*