

# *CHS Physical Education*

2020-2021



## IN PERSON

- Students will attend class for their in person activity.
- Attendance will be taken each class.
- Grading will be based out of 5 points (see grading rubric).
- “Fully Remote” students will be replacing the “in person” class with a weekly activity log.

## ONLINE ASSIGNMENT

- Each week students will complete an online assignment on Google Classroom.

## VIRTUAL WEDNESDAYS

- Every other Wednesday, students will log onto Google Classroom during their scheduled class period and watch the lesson provided by their teacher.
- Your teacher will be available to you the entire class period to answer any PE work related questions.

# IN PERSON EXPECTATIONS:

- Masks should be worn all class.
- Students will not have access to locker rooms and are recommended to dress in appropriate PE attire.
- Plan to be outside every day.
- Students will exit the building out the back hallway and re-enter the building through the faculty entrance.
- Backpacks will be transported outside to class and be placed in an area away from activity.
- Students should maintain social distancing guidelines when possible
- Bathrooms will be available in the PE area and outdoors by the track.

# ONLINE ASSIGNMENT EXPECTATIONS

- Teachers will post a weekly assignment on **Monday morning by 7:20AM.**
- Students will have until **Thursday night at 11:59PM** to complete and submit this weekly assignment.
- Students will not receive credit for these assignments if they are handed in late.
- These assignments cannot be made up.

# VIRTUAL WEDNESDAY EXPECTATIONS

- Teachers will post a workout video and a Google Form on **Wednesday morning by 9AM.**
- Students who have class that **Wednesday** must watch the short workout video and fill out the Google Form provided by their teacher by the end of their scheduled class period that day.
- The students must fill out the form with their name, class period, teacher name and secret question embedded in the video.
- Attendance will be entered by the teachers throughout the day based on the submission of the Google Form.
- These assignments cannot be made up

# FULLY REMOTE ONLY: ACTIVITY LOG EXPECTATIONS

- Full remote students will be responsible for the weekly online Google Classroom assignment, the virtual Wednesday assignment and the weekly full remote assignment.
- Teachers will post a single day activity log form on Monday morning by 7:20AM and it will be due Tuesday at 11:59PM.

# MEDICAL NOTES

- Medical notes must be handed in to the Health Office. These notes are good through date listed on the release form.
- Parent notes should be handed to your PE teacher. These notes are good for one day only.

# CLASS MAKE UPS

- Students will only be allowed to make up missed IN PERSON classes.
- Students will not physically make up a class this year (no blue slips, no joining classes).
- Students will be able to complete an article review to receive full credit for the missed class.
- You will not be able to make up a missed virtual Wednesday class or an online assignment.
- Late online assignments will not be accepted.





## CHS PHYSICAL EDUCATION DAILY GRADING RUBRIC



	5-EXEMPLARY	4=CONSISTENT	3=INCONSISTENT	2=POOR	1=UNACCEPTABLE
<b>BEHAVIOR (1)</b>	<i>Models exemplary behavior and a positive attitude, shows respect for others and always follows classroom rules.</i>	<i>Consistently follows classroom rules, displays a good attitude, displays cooperation, works hard, has respect for self and others.</i>	<i>Inconsistently follows rules, plays well and demonstrates satisfactory attitude only when being observed.</i>	<i>Rarely follows classroom rules, uncooperative, bends rules to suit oneself and displays frustration inappropriately.</i>	<i>Does not follow rules, complains, concern only for oneself, behavior negatively interferes with others learning.</i>
<b>EFFORT (2)</b>	<i>High level of participation, self motivated, encourages others, demonstrates a desire to improve personal fitness and always contributes to team play.</i>	<i>Consistent daily effort, good level of participation, maintains personal fitness and often contributes to team play.</i>	<i>Needs some reminders to participate, contributes little to team play and takes limited action to improve personal fitness.</i>	<i>Needs many reminders to stay on task, no movement during activity, makes excuses for inactivity, socializing interferes with participation, takes no action toward personal fitness and has minimal contribution to team play.</i>	<i>Avoids participation, inappropriate socialization, off task even with reminders, interferes with others learning, refusal to take action toward personal fitness and has a negative impact on team play.</i>
<b>AFFECTIVE (1)</b>	<i>Respectful of classmates and teachers, helps others when needed without prompting, holds others accountable for positive and fair game play, treats equipment with care and models self-control.</i>	<i>Supportive of classmates and teachers, follows directions, active listener, follows safety rules, treats equipment with care, stays on task during activity, exhibits positive and fair game play.</i>	<i>Needs some reminders to be respectful of classmates and teachers, to follow directions and safety rules, to use equipment appropriately, to stay on task during activity and to exhibit positive and fair game play.</i>	<i>Needs constant reminders to stay on task, to listen and follow directions, to not argue with others, to speak and act respectfully with others and to exhibit positive and fair gameplay.</i>	<i>Interrupts teacher, asks inappropriate questions, abuses equipment, displays disrespectful behavior most of the time, poses a safety concern to self and others, refuses to stay on task and does not exhibit positive and fair game play.</i>
<b>PSYCHOMOTOR (1)</b>	<i>Skill: Demonstrates an understanding of skill and strategies, excellent knowledge of safety and game rules, boundaries, scoring and concepts.</i>	<i>Skill: Demonstrates fundamental skill and strategies, good knowledge of skill, games rules, boundaries, scoring and concepts with ease.</i>	<i>Skill: Demonstrates limited knowledge of skill, performs most skills at introductory level, limited level of understanding of rules, boundaries, scoring and concepts.</i>	<i>Skill: Inadequate skills with little or no development, poor understanding of rules, boundaries, scoring, strategies and concepts.</i>	<i>Skill: Refuses to attempt skill or participate in skill development, inability to demonstrate knowledge of rules, boundaries, scoring, strategies and concepts.</i>
<b>%</b>	5=100%, 4.8=95%, 4.6=92%	4.5=90%, 4.3=86%, 4=80%	3.5=70%, 3=60%	2=40%	1=20%



## CHS PE: REMOTE/VIRTUAL GRADING RUBRIC



	5-EXEMPLARY	4=CONSISTENT	3=INCONSISTENT	2=POOR	1=UNACCEPTABLE
ATTENDANCE (1)	Student is in attendance 96% -100% of the time during their remote and virtual instruction times.	Student is in attendance 86% -95% of the time during their remote and virtual instruction times.	Student is in attendance 76% -85% of the time during their remote and virtual instruction times.	Student is in attendance 65% -76% of the time during their remote and virtual instruction times.	Student is in attendance 64% or below during their remote and virtual instruction times.
PARTICIPATION (2)	High level of class participation, self motivated, encourages others, demonstrates a desire to improve personal well being and always contributes to class discussion.	Consistent daily effort, good level of class participation, maintains personal well being and often contributes to class discussion.	Needs some reminders to participate in class, contributes little to class discussion and takes limited action to improve personal well being.	Needs many reminders to stay on task, makes excuses for inactivity, socializing interferes with class participation, takes no action toward personal well being and has minimal contribution to class discussion.	Avoids class participation, inappropriate socialization, off task even with reminders, interferes with others learning, refusal to take action toward personal well being and has a negative impact on class discussion.
AFFECTIVE (1)	Respectful of classmates and teachers, helps others when needed without prompting, holds others accountable for positive classroom interaction and models self-control.	Supportive of classmates and teachers, follows directions, active listener, stays on task during activity, exhibits positive classroom interaction.	Needs some reminders to be respectful of classmates and teachers, to follow directions, to stay on task during activity and to exhibit positive classroom interaction.	Needs constant reminders to stay on task, to listen and follow directions, to not argue with others, to speak and act respectfully with others and to exhibit positive classroom interaction.	Interrupts teacher, asks inappropriate questions, displays disrespectful behavior most of the time, poses a safety concern to self and others, refuses to stay on task and does not exhibit positive classroom interaction.
COGNITIVE (1)	Through online work & reponses: Demonstrates an excellent understanding of skills, strategies, knowledge of concepts taught and reasoning behind activities.	Through online work & reponses: Demonstrates a fundamental understanding of skills, strategies, knowledge of concepts taught and reasoning behind activities.	Through online work & reponses: Demonstrates a limited knowledge of skills, strategies, knowledge of concepts taught and reasoning behind activities.	Through online work & reponses: Demonstrates an inadequate level of skills, strategies, knowledge of concepts taught and reasoning behind activities.	Through online work & reponses: Demonstrates no understanding of skills, strategies, knowledge of concepts taught and reasoning behind activities.
%	5=100%, 4,8=95%, 4,6=92%	4,5=90%, 4,3=86%, 4=80%	3,5=70%, 3=60%	2=40%	1=20%