



Columbia High School Lunch Menu

Grades 9-12
MySchoolBucks.com

September 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1)	2) No School	3) No School	4) No School
7) Labor Day No School	8) No School	9) No School	10) No School	11) No School
14) Garlic Cheese Dunkers (3) Served with marinara sauce Seasoned peas & carrots Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	15) Chicken Nuggets (6) Breaded with whole grain Vegetable pasta salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	16) Italian Mix Sandwich Ham & Salami w/ Cheese Mixed vegetable bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	17) Home-Style Meatloaf Served with a honey biscuit Sweet corn niblets Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	18) Tony's French Bread Pizza Topped with pepperoni Fresh tossed salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
21) Chicken Patty Sandwich Served on a wheat bun Steamed broccoli florets Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	22) Buffalo Cheese Crunchers Served with celery & carrots And a side of ranch dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	23) Tuna Salad Sandwich Served on wheat bun Diced carrots Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	24) Cheeseburger Served on a wheat bun Marinated chickpea salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	25) Cheesy Stuffed Crust Pizza Served on a whole grain crust Bush's baked beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
28) No School	29) Breaded Mozzarella Sticks (6) Served with marinara sauce Seasoned green beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	30) Turkey & Cheese Sandwich Served on wheat bread Mixed vegetable bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk		

Breakfast and Lunch Prices

Breakfast Price - \$2.25 daily
Lunch Price - \$3.25 daily

Reduced Price Breakfast - Free
Reduced Price Lunch - Free

Ala Carte Prices

Assorted Yogurt - \$1.25
Ice Cream / Chips - \$1.00
Cookie - \$.60
Fruit / Veggie Cup - \$.80
Milk / Juice Cup - \$.60
Bottled Water - \$1.00

Daily Alternative Lunch

Fresh salad with choice of
topping, breadstick and dressing
OR
Tuna Salad Sandwich
Turkey & Cheese Sandwich
Remote Learning
Bologna & Cheese Sandwich
Ham & Cheese Sandwich

All meals meet the Whole Grain requirements

Daily Breakfast Menu

*All meals include fresh fruit, 100%
juice, low fat or fat free milk.*
Breakfast Sandwiches
Whole Grain Muffins
French Toast Sticks
Cereal Bowls (assorted varieties)
Yogurt

Menu Subject to Change

This institution is an equal opportunity provider and employer

www.egcsd.org/food-services