



East Greenbush Central School September Breakfast Menu K-8

September 20-21
Grades K-8



Menu Subject to Change


Monday
A Students

Tuesday
B Students

Wednesday
Virtual Learning

Thursday
A Students

Friday
B Students

		1) Superintendent Conference Day (No students)	2) K-12 Professional Development (No students)	3) K-12 Professional Development (No students)	4) No School
	7)  Labor Day No School	8) K-12 Professional Development (No students)	9) K-12 Professional Development (No students)	10) K-12 Professional Development (No students)	11) K-12 Professional Development (No students)
A Red	14) Cereal Bar 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	15) Lenders Whole Grain Bagel 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	16) Assorted Whole Grain Muffin 1 oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	17) Pillsbury Pull Apart Bagel With cream cheese filling 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	18) Pillsbury Mini Waffles Soft and tasty 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
B Blue	21) Poptart 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	22) Cereal Bar 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	23) Lenders Whole Grain Bagel 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	24) Pillsbury Mini Waffles Yummy goodness 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	25) Whole Grain Muffin 1 oz. cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk
A Red	28) No School	29) Poptart 1oz cheese stick 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	30) Lenders Whole Grain Bagel 1oz cream cheese 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	1) Mini Pancakes Soft and tasty 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk	2) Pillsbury Pull Apart Bagel Cream cheese filling 100% Juice cup Fresh Fruit or Light Fruit Cup Low Fat or Fat Free Milk

This institution is an equal opportunity provider and employer
All meals are packaged with heating and refrigeration instructions

All meals include fresh fruit, 100% juice, low fat or fat free milk
Serving a variety of breakfast items

All meals meet the Whole grain requirement