

# October's Guiding Principle is..."Courage"



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## From the Principal's Desk...

Dear Genet Families!

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We have had another tremendous week at Genet! The third full week of school is officially in the books! There was a lot of wonderful learning taking place from our Character Education Assembly (this month Integrity), which was digital, and we celebrated our amazing custodial staff today on National Custodian's Day!

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I would like to take this opportunity to thank our families for all of your support regarding the filling out of the COVID-19 screening each morning. It is extremely helpful and important to the start of our school day to know that the screening process has been done at home and then entered into the screening form. We all have busy mornings, and the office staff and I will continue to make calls to families when a child does not have one completed. For your information, I run a report each morning at 8:20 prior to the students entering Genet, and then again at 9:30. Please complete your screening form for your child(ren) prior to 8:20 AM, that would be helpful.

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### Important Dates to Mark Your Calendars:

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On Monday, October 5th, we will be having our monthly PTO meeting for Genet. This year our meetings will all be virtual. The PTO board and I will be sending out a Google Live Stream link prior to the meeting for families to log in and learn about the PTO and any additional information regarding the school. Our meetings start at 6:30 PM and usually run for an hour in duration. If you have any questions, please feel free to contact our PTO at genetpto@gmail.com.

On October 15, 2020, as a friendly reminder, we will be holding our Open House. This will be all virtual. Be on the lookout for a formal letter to your emails with all the information, times and links in the coming week!

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School Pictures! Our school picture dates will be the following:

- October 23rd for B Cohort Students
- October 26th for A Cohort Students

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For our students on full remote, we still want to have your pictures taken for the Genet yearbook! I will be speaking to the picture company and our PTO about options for our remote students to have their photos taken this school year.

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November 9th and 10th 2020 - Emergency Go Home Drill - There will be a letter coming home with students regarding this drill in the middle of October. On this day we will be dismissing 15 minutes earlier and students are expected to go to the emergency location on their verification form. If you are unsure what your emergency location is, please call Mrs. Giordano (518-207-2681) in the Main Office.

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A quick note from the Genet PTO:

Good Morning Genet Families!

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Our school's online Fall Fundraisers are now live. Just like everything else, they look a bit different this year. But one thing that is still the same, we're raising money to support our students and entire Genet community. We will be limited on fundraisers this year, so we encourage everyone to check it out and spread the word to family and friends. Click here to get started: <https://genetpto.weebly.com/fundraising.html>

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Thank you for your support!  
Genet PTO

That concludes this week's Genet Journal! I wish you all the best this weekend and next week. Thank you for your continued support of Genet Elementary School!

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Sincerely,

Wayne Grignon

Genet Elementary School 29 Englewood Avenue, East Greenbush, NY 12061 (518) 207-2680 <a href="http://www.egcsd.org">www.egcsd.org</a>
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## KID BITS

### Safety first

Help your child stay safe with these clothing tips. Make sure she wears shoes that fit properly and either tie or have Velcro. They're less likely to cause accidents than floppy shoes like sandals or clogs. Also, avoid baggy clothes and cords or strings on clothing that can get caught in playground equipment.

### Sizing things up

Take a walk around your neighborhood with your little one, and use objects you see to encourage him to compare sizes. Ask questions like "Is that mailbox *taller* or *shorter* than you?" or "Is the white rock *bigger* or *smaller* than the gray one?"

### Helping hands

Trace around your child's hands on paper, and ask her to name different ways she is helpful. Maybe she takes care of your dog by feeding him and helps you by dusting. Together, write each example on a separate finger. Then, hang up her "helping hands" to remind her how helpful she can be.

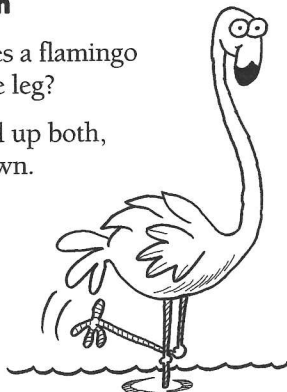
### Worth quoting

"Wonder. Go on and wonder."  
William Faulkner

### Just for fun

**Q:** Why does a flamingo hold up one leg?

**A:** If he held up both, he'd fall down.



Genet Elementary School  
Wayne Grignon, Principal

## Keys to self-control

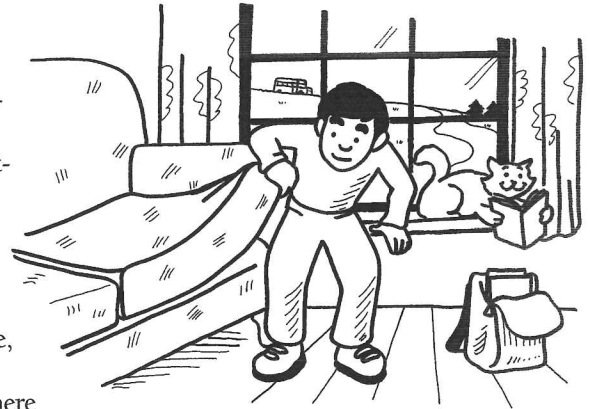
It can be a tall order for little ones to handle big emotions like anger, frustration, and disappointment. Work on increasing your child's self-control with these strategies to help him think before he acts.

### Talk it out

Give your youngster words to use when he is upset. For example, if you can't find your glasses, you might say, "I feel so *frustrated*! Where did I last have them?" Then, when he's aggravated (say, he misplaced his favorite book), encourage him to use similar words. ("I feel *upset* because I want my book. I was looking at it in the living room—maybe it's there.") He'll learn to talk through his problems and be less likely to cry or whine.

### Think ahead

Prepare for situations where self-control comes in handy. You could say, "I'm going to be on a work call. Let's think about what you can do if your sister is playing with a toy you want." He



may ask to join her, or he could play with another toy until she's finished. Having a plan can help your child avoid grabbing the toy or yelling at his sister.

### Calm down

When your youngster begins to get upset, suggest ways to keep his cool. For instance, he might take a deep breath, count to five, or draw a picture of how he is feeling. The distraction may be enough to settle him down. And once he's used to these techniques, he'll be able to do them without a reminder from you.♥

## Family playtime

Has the grown-up world left you too tired to play? Consider these ideas that will let you connect with your youngster—and unwind after a long day:

- Show her what you liked to play when you were her age. You could teach her a card game, a jump rope rhyme, or a magic trick, for instance. Next, ask her to teach you a game or an activity she enjoys.
- Step into a role. You might each pretend to be someone else (a cashier and a customer, a bird and a squirrel) while carrying on a conversation. Encourage your child to think about what her character would sound like and what she would say.
- At bedtime, shine a flashlight on the walls, ceiling, and floor. Have your youngster "chase" your beam with her own flashlight. Then, trade roles.♥

