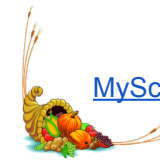








East Greenbush Elementary School Lunch Menu

November 2020



Grades K-5
MySchoolBucks.com

	Monday A Students	Tuesday B Students	Wednesday Remote Learning	Thursday A Students	Friday B Students
B Blue	2) Breakfast for lunch French toast sticks (3) Juicy sausage links (2) Crispy tater tots Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	3) K-12 Half Day Professional Development No Lunch Served	4) Remote Learning PB & Jelly sandwich Whole grain sun chips Delicious chickpea salad Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	5) Popcorn chicken Land O Lakes mac & cheese Garden salad w/dressing Or fresh broccoli cup Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	6) Stuffed crust pizza With whole grain crust Steamed broccoli florets Italian or ranch dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
A Red	9) Stuffed crust pizza With whole grain crust Garden salad Italian or ranch dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	10) Breakfast for lunch French toast sticks (3) Juicy sausage links (2) Crispy tater tots Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	11) VETERANS DAY  NO School	12) Cheeseburger On whole grain bun Served with chips or fries Baked beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	13) Personal pan pizza Whole grain crust Served with ranch dressing Baked beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
B Blue	16) Personal pan pizza Garlic & oil green beans Garden salad Italian or ranch dressing Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	17) Cheeseburger On whole grain bun Served with chips or fries Baked beans Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	18) Remote Learning Turkey & cheese sandwich Whole grain sun chips Good for you veggie bag Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	19) K-5 Half Day Parent Conferences No Lunch Served	20) Pizza crunchers Crispy crust w/sauce & cheese Carrot coins Broccoli cup w/ranch Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk
A Red	23) Pizza crunchers Crispy crust w/sauce & cheese Carrot coins Broccoli cup w/ranch Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	24) Sticks & stones Chicken nuggets Biscuit sticks Sunny sweet corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	25) Thanksgiving 	26) Recess	27) No School 
B Blue	30) Sticks & stones Chicken nuggets Biscuit sticks Sunny sweet corn Fresh Fruit/Light Fruit Cup Low Fat or Fat Free Milk	Snack Prices Assorted Yogurt - \$.75 Chips - \$1.00 Cookie - \$.60 Ice Cream - \$1.00 Juice Cup - \$.60 Bottled Water - \$.75	In School Only Daily Alternative Lunch Fresh salad with choice of topping, breadstick and dressing OR M -Tuna Salad Sandwich T -Turkey with Lettuce Sandwich W - Bologna & Cheese Sandwich Th -PB&J Uncrustable F-Ham & Cheese Sandwich Includes: Vegetable, fruit & milk	HAPPY THANKSGIVING DAY 	Grab N Go Breakfast <i>All meals include fresh fruit, 100% juice, low fat or fat free milk.</i> A variety of items Mini Pancakes (maple or strawberry) Warm Whole Grain Bagel Muffin (blueberry or apple cinn.) Waffles (maple or blueberry) Pillsbury Bagels w/ cream cheese filling Daily-Cereal Bowls, Cereal Bars, Yogurt, Pop Tarts

Breakfast and Lunch Prices

At this time meals are free
 Sponsored by the USDA
 Breakfast Price - \$1.75 daily
 Lunch Price - \$3.00 daily
 Reduced Price Breakfast - Free
 Reduced Price Lunch - Free

A la carte Fruit or veggies \$.80; A la carte Milk \$.60

All meals meet the Whole grain requirement

This institution is an equal opportunity provider and employer

Menu Subject to Change